

Stanwood Lacrosse HS Code of Conduct

High school players are subject to WIAA rules, and WHSBLA rules. Some rules are emphasized below, based on the Stanwood HS Athletics/Activities Code. HS players are subject to these rules 365 days per year.

W.I.A.A. Policies

A. Eligibility

1. Age Limits. Students shall be in grades 9-12 and under 20 years old on March 1st.
2. Regular Attendance. Students must be enrolled and in regular attendance within the first 15 days in a semester.
3. Student Member of a School. Students must be enrolled half time or more.
4. Grade Requirement. Students must have passed at least five full-time subjects in 1st semester to compete. Students who did not pass five full-time subjects shall be placed on probation during the first five weeks of the second semester and will be ineligible during this time. If at the end of the probation period the student is passing all (at least five) full-time subjects, the player may be reinstated for competition on Monday of the sixth week. (This is a minimum requirement; a local grade requirement found in the next section also applies).
5. Previous Semester Rule. Students must have been in regular attendance in a school during 1st semester, and must have been in school a minimum of 15 weeks.
6. Seasons Limitation. After entering the 9th grade, a student shall have four consecutive years of interscholastic eligibility. The eligibility begins the first year of enrollment in that school and ends with the graduation of the student's original class.
7. Non-School Participation. (Not used)
8. Coming From Non-High School District. After declaring your school district by enrolling in it, players may not transfer schools and be immediately eligible. For example, if a player leaves Stanwood HS and enrolls at Mt Vernon HS, the player would (likely) be ineligible for one year.
9. Residence Rule. A student shall be eligible when residing within the boundaries of the school district and shall have attended school for a period of one year while residing with parents/guardian. A student attending school outside the residence district for one calendar year or more is eligible in that school as long as the attendance is continuous. Out of district students are ineligible for varsity sports the first year of attendance.
10. Home Based Education. Home-based students must register with the school district. Home-based students must meet both WIAA and school district eligibility requirements standards of all students including transfer student requirements.
11. Exchange Students. Exchange students from a foreign country, or students who have left Stanwood to be an exchange student in a foreign country should contact the head coach or VP-Boys HS for specific eligibility information. Foreign exchange students are eligible for varsity competition provided all other rules of eligibility have been met and the student has not graduated from high school in their home country.
12. Amateur Standings. Refer to current Stanwood HS Athletic/Activities Code.
13. Running Start Eligibility Standards. Refer to current Stanwood HS Athletic/Activities Code.

14. Appeals. If a student is ineligible because of one of the above WIAA policies, or other WIAA rules not listed here, the student has the right to appeal the ineligibility. Contact the head coach or VP-Boys HS for more information and assistance in appealing.

Local Requirements

A. Eligibility

1. Eligibility Packet and Emergency Contact Form. In order to participate, players must complete required paperwork and turn it in as directed.
2. Physical. (not used)
3. Insurance. Each player is required to be a member of U.S. Lacrosse through the end of the season.
4. ASB Card. (not used)
5. One Sport Per Season. (not used)
6. Grades. Students must be passing all classes (NO F's) with a 2.0 or higher grade point average. If a student does not meet these standards, they will be academically ineligible for three weeks. At the beginning of the fourth week the student will start weekly grade checks to determine eligibility for each week. Any student not meeting WIAA standards will be ineligible for five weeks.

A five week grade check will be done for all students to determine their eligibility status for the remainder of the season. The five weeks is determined from the first day of practice. Students must be passing all classes (NO F's) with a 2.0 or higher grade point average. If a student does not meet these standards, they will be academically ineligible for one week. AT the beginning of the second week, the student will start weekly grade checks to determine eligibility for that week. Any student that passes the second grade check who was on academic probation from the initial grade check will be removed from weekly grade checks.

B. School Attendance. In order to attend a daily practice or to participate in a formal event a student must be in school for all periods they are enrolled in. Any absence must be excused by the school in advance or practice or competition.

C. Additional Rules.

1. Violation of School Rules. (not used)
2. Conduct. Players are expected to always conduct themselves in a sportsmanlike manner especially in dealing with opponents and officials.
3. Attendance. Players should notify their coach, in advance, if they will be absent or late to practice or competition.
4. Team Rules. Players are expected to obey any other specific rules or policies developed and distributed by the head coach.
5. Criminal Charges/Conduct. Any criminal charge or conduct by a player that is determined by the head coach, VP – Boys HS, or President to be detrimental to the team and program is a serious matter and will affect the participant's eligibility or standing. This includes alcohol and controlled substances.
6. Drugs. The possession, use, or distribution of drugs, including "designer drugs," steroid effect drugs, inhalants, mushrooms, organic drugs, or any substance used for the purpose of

altering consciousness or performance and not medically prescribed shall be subject to the program discipline policy.

7. Caffeine. Caffeine-enhanced beverages and caffeine in pill form including diet pills and look alikes will not be tolerated.

8. Suspension. Any student on suspension from school may not participate in practice or competition during the suspension period. The player is eligible to return to the team after returning to the classroom.

9. Penalties.

The head coach will set penalties for violations of rules 2, 3, and 4.

The penalty for violation of rule 5 will be counseling by the head coach and VP-Boys HS, with possible suspension from the team or dismissal from the program.

The penalty for violation(s) of rule 6 is cumulative over the player's HS career:

1st offense In addition to WIAA/WHISBLA rulings a player shall be immediately ineligible for competition for the remainder of the season or a minimum of 45 participation days, whichever is greater. Ineligibility shall continue until the next sports season in which the player participates. Although Stanwood Lacrosse recognizes this ineligibility initiated or served in other WIAA sports, the school district may not recognize ineligibility served during the lacrosse season.

2nd offense A player who again violates any provision of this code shall be ineligible for competition for a period of one calendar year from the date of the second violation.

3rd offense A player who violates this code for a third time shall be permanently ineligible for team practices and competition with Stanwood Lacrosse.

The penalty for violation of rule 7 will be counseling by the head coach focusing on educating athletes to the dangers of caffeine abuse. Second step is referral to the VP-Boys HS.

10. Appeals Process. A player has the right to appeal the discipline handed down by the VP-Boys Youth. This appeal must be requested within three days from notification. The player shall meet with an eligibility committee consisting of coaches and adults selected by the VP-Boys HS and President. The eligibility committee will recommend to the board appropriate action to be taken in the player's case. The board shall have the final authority as to the player's participation in Stanwood Lacrosse.

D. Locker Room Conduct. (Not used)

E. Equipment. Program equipment checked out by the player is the player's responsibility. The player is expected to keep it clean and in good condition. Loss of any program equipment is the financial responsibility of the player. Players should guard against loss or theft of any equipment when not in use.

All program equipment must be turned in clean to the head coach at the end of the season or when the player leaves the team. No player will be issued program equipment unless all fees have been paid.

F. Travel. (Not used)

G. Injury and reporting. All injuries must be reported to the head coach immediately. If any injury requires a doctor's care, the player must provide the head coach with a doctor's release in order to practice or compete.

H. Sport Transfer. (Not used)

I. College Recruitment. (Not used)

J. Letter awards. The following basic standards are established for lettering:

The head coach has the responsibility for setting and informing the players of the requirements for lettering. In all cases the judgment of the head coach will be the deciding factor in determining who will be eligible to letter. However, the following general standards will be used as basic guidelines:

- Must have completed the season, unless unable to complete the season because of medical reasons or excused by the head coach for special reason(s).
- Must finish the season as a participant in good standing; meaning the player is not suspended from the team at the conclusion of the season.
- Must have turned in all program equipment and paid all fees.
- Player is on the varsity roster for at least 6 games in a season

By signing below, I agree to follow the Stanwood Lacrosse HS Code of Conduct:

Player's Printed Name _____

Player's Signature and Date _____

Parent's/Guardian's Printed Name _____

Parent's/Guardian's Signature and Date _____