

Position Responsibilities

Outfielders

Your job is to keep all balls in front of you. If the infielder in front of you is having a bad day, then be moving to back her up every time a ball is hit to her. Catch all fly balls above your chest with two hands on the throwing side of your body. Every time a ball is hit in the air, DROP STEP FIRST

Every time a ball is hit into the outfield, you are either trying to catch it, or backing up your neighboring outfielder. If the ball is coming to you, yell 'mine'. If the ball is coming to your neighbor outfielder, yell her name

When a fly ball is hit, beat the ball to the spot where it will be landing. Tuck your glove under your arm and sprint to get under the ball. Then turn your body sideways so your throwing arm is facing the outfield fence and put your glove up. Glove fingers should be up when the catch is made, and your arm should give a little on the catch. After the catch, drive off of your back foot into a crow hop to throw the ball in to your cutoff, or directly to the base

If a ball is hit over your head, DROP STEP FIRST, keep your eyes on the ball, run backwards towards the fence, and attempt to catch the ball. Make sure you pump your arms and do not run with your glove in the air

Most of the errors outfielders make are on ground balls! Go down and block a routine ground ball. Go down on your throwing knee and field the ball with two hands in front of your body. Use your glove with fingers pointed down to block the hole. The only time you should be running forward to scoop a ground ball would be if a runner is trying to score

Dive for the balls that are hit short in front of you. You will always have backup. Do not dive for a ball that is going towards the foul line. Instead, do a bent knee slide and keep the ball in front of you

Fly Ball Priority System

Outfielders have priority over all infielders
Centerfield has priority over all other outfielders
Shortstop has priority over all other infielders
All infielders have priority over the pitcher
The pitcher has priority over the catcher

Infielders

Try to get in front of every ground ball, leave backhands and forehands for emergencies only. Field the ball in front of your body with two hands

Forehand: Crossover opposite foot in the direction of the ball. Create an angle to where you think you will meet the ball. Keep your head down and field the ball while running

Backhand: Crossover opposite foot in the direction of the ball. Create an angle to where you think you will meet the ball. Field the ball in front of whatever foot is forward, and keep your glove fully opened

Pop Fly: Drop step first. Then run at full speed and get your body under control when the ball comes down

Tag Plays: Get to the base as soon as possible. Get your body under control then switch all of your attention to the incoming ball. Catch the ball and flex both knee. Move the glove down hard into the tag area

Fly Ball Priority System

Outfielders have priority over all infielders

Centerfield has priority over all other outfielders

Shortstop has priority over all other infielders

All infielders have priority over the pitcher

The pitcher has priority over the catcher

Pitcher

Be the leader on the diamond. Your team feeds off of your energy, if you are doing well, the team will feel it and play well. If you are down on yourself, the team will be down

When you are pitching, remember what it feels like to be a batter. How does it feel when you are batting and you are down in the count? As a pitcher, when you are ahead in the count, remember that the batter has all of the pressure on her

Field balls that are in your general area. You are in charge of pop flies in your circle. Trust your teammates to get all of the other pop flies

When the ball is hit into the outfield, figure out where you need to back up. When backing up third or home, stand by the fence so it can't get by the catcher or third base man and you

Always remember: No hitters are rare. Opponents are going to hit the ball, it is part of the game. Do not get down if a team is getting hits, focus on what you are going to do next

Catcher

Block the ball when it is thrown in the dirt in front of you. Drop to your knees and drop your glove to the ground, fingers down. Tuck your chin and angle your upper body over the ball

If there is a force play at the plate, position yourself like a first base man. Face the person throwing to ball to you with your throwing foot on home plate

If there is a tag play at the plate, stand just in front of the plate with your toes facing third base, but make sure you are out of the baseline. Receive the throw, drop your right knee to block the plate and reach straight down with both hands on the ball to tag the runner

You are in charge of pop ups directly behind the plate. If the pitch was an outside pitch, the pop up will usually go to your right. If it is an inside pitch, the ball will usually go to your left. When the ball pops up, remove your mask and scan the sky. Find the ball, throw your mask to the opposite side and get your glove up for the catch, try to get your back turned towards the infield

First Base

Your job is to catch everything thrown to you, your job is to make your teammates jobs easier

Field balls that are anywhere from the first base foul line to one step to the right of your ready position, anything hit father than one step to your right is the second baseman's ball

Every time a ball is hit away from you, your first step is to drop step towards the base and open up to your right. Turn and face the thrower and square both shoulders to her to present her with a big target

Your throwing foot should be on the corner of the base, and you should only stretch out after the ball is thrown

When a slapper is up to bat, you set up behind first base and do not crash to field the slap, second will do that

You are in charge of pop ups fair or foul in front of the base path

Second Base

The position with the most duties. Your job is to field balls that are two steps away from the first baseman

During a bunt, your job is to cover first base. On a slap, you stand in front of the base path and try to field the ball

You will be in charge of balls thrown to second from the right side (short stop and third base). Touch the base quickly, or drag your foot across it when you have the ball and throw to first to try to get the double play

You are in charge of pop ups fair or foul behind the base path

When a ball is hit over the right fielders head, it is your job to be a cut off. Stand half way between the outfielder and her destination with your hands up in the air. Get your body turned so your throwing arm is facing the outfielder. If the outfielder is throwing home, first base will be the cutoff. You might need to be a cutoff between the outfielder and the first baseman if the outfielders arm is not very strong

Short Stop

Your job is to field the majority of the balls that are hit into play. You also have to cover second on a steal or bunt. You will cover third on a bunt if there is a runner on second when the bunt happens. When covering either base, start with an explosive crossover step followed by a full sprint to the base. Do not reach out for the ball, instead let it come to you, then swing your arm down for the tag

You cover second base on all force plays, except when the ball is coming from left field or third base. If a slapper is up to bat, you stand in front of the base path and get ready to quickly field a ball and throw it to first

You are in charge of pop ups fair or foul behind the base path

When a ball is hit over the left or center fielders head, it is your job to be a cutoff. Stand half way between the outfielder and her destination with your hands up in the air. Get your body turned so your throwing arm is facing the outfielder. If the outfielder is throwing home, first base will be the cutoff. You might need to be a cutoff between the outfielder and the first baseman if the outfielders arm is not very strong

Third Base

Your job is to field anything hit to your side and still be close enough to charge the bunted ball. When the batter bunts, charge the ball to field it and make the throw to first. If you do not get the ball, hustle back to your base so the runner that started on first doesn't make it all the way to third. When a slapper is up to bat, take a few steps in so you can field the ball and quickly throw it to first

When a runner at second steals third, it is your job to cover your base. Drop step with your left foot and sprint to your bag. Allow the ball to come to you, then swing it down for the tag

You are in charge of pop ups fair or foul in front of the base path