

BLUESTREAK

SPORTS TRAINING



"THE EDGE"

Pre-Tryout On-Ice Clinics

These Clinics are designed to develop each individuals skill sets to perform at peak performance come the very first day of try-outs. There is a very quick turn around from the end of last season to the beginning of the next. We will make sure that athletes participating will gain the necessary instruction that will leave there competition in the dust.

There will be instruction on:

Goal scoring • Passing sequences • Stick handling protocols
Over-speed skating drills • Transition skating • Edge control drills
First-step quickness training • Deception with the puck

Clinics will be held at Terry Connors Ice Rink

Please Contact Matt Stack
for more information.
mstack@bluestreakst.com

Dates and Times:

Mon	3/22	6:00 - 7:10 PM
Wed	3/24	5:00 - 6:10 PM
Mon	3/29	6:00 - 7:10 PM
Wed	3/31	5:00 - 6:10 PM
Mon	4/5	6:00 - 7:10 PM
Wed	4/7	5:00 - 6:10 PM
Mon	4/12	6:00 - 7:10 PM
Wed	4/14	5:00 - 6:10 PM
Mon	4/19	6:00 - 7:10 PM
Wed	4/21	5:00 - 6:10 PM

Proud Member of the

ATHLETIC  REPUBLIC

203-969-BLUE (2583)

www.bluestreakst.com