

Westwood Youth Hockey

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WYH is looking for players!

2015 - 2016

Travel Programs

Register - www.wyh.org

Westwood Youth Hockey offers a very strong, competitive travel hockey program for boys and girls from U10/Squirt thru U19/Midgets. Each year our teams successfully compete in the South Shore hockey conference (boys) and Mass Yankee Conference Girls League and some even go on to compete in the MA State hockey tournaments. We have consistently had multiple teams at each age/level. In addition to at least one practice and a game - the program offers multiple Skills & Powerskate sessions at set times each week with highly skilled instructors from professional & college hockey coaching programs including Pro-Ambitions, O'Sullivan Hockey & Babson College. Our practice and Skills/Powerskate sessions are held at local rinks - including Babson College in Wellesley, Roche Arena in West Roxbury and Bajko rink in Hyde Park.

U10, U12, Squirts - In addition to the weekly games and practices scheduled on Sat/Sun - the program offers:

- * Friday night full ice Powerskate sessions at Hyde Park instructed by Pro-Ambitions
- * Short Wednesday Skills sessions at Roche Arena instructed by Pro-Ambitions
- * Thursday night Skill sessions at Babson College instructed by Babson Hockey coaches and players
- * Home games are played at Babson on Sunday mornings for the boys teams or Roche rink on Sunday nights for the girls teams.

U14, U19, Peewees, Bantams, Midgets - In addition to the weekly games and practices scheduled on Sat/Sun - the program offers:

- * Tuesday night full ice Powerskate sessions at Ulin rink instructed by O'Sullivan Hockey
- * Short Wednesday Skills sessions at Roche Arena instructed by Pro-Ambitions
- * Thursday night Skill sessions at Babson College instructed by Babson Hockey coaches and players
- * Home games are played at Babson on Sunday mornings for the boys teams or Roche rink on Sunday nights for the girls teams.

All WYH coaches are certified and have experience in playing and coaching hockey.

For all teams:

- * All players will have 3-5 hours of ice time per week - most will have 4 plus hours each week
- * Additional full ice Powerskate sessions will be offered at Babson on Sunday mornings for the first 2 weeks in September.
- * The earliest practice times offered on weekend days will be 7am.
- * Each team either participates in the MA state playdown process to qualify for the state tournament or can choose to participate in an outside tournament (WYH pays for ice fees).