

# 2018 SAN RAMON BEARS FOOTBALL REGISTRATION INFORMATION PACKET

Welcome to the 2018 San Ramon Bears Football Season! The following information will answer the most commonly asked questions and help you understand the commitment you are making when joining the Bears family.

**League Structure:** Our football teams are limited by East Bay Youth Football and Cheer (EBYFC) League Rules. There are **five** football teams. All youth Divisions are based on age of the player using August 1 of the year of the season being played. You must register your participant based on their age and weight. If they want to register as an older lighter please mention that in the notes section during registration. Age and Weight Limits are as follows:

## Age/Weight Chart - Football

Divisions function on the basis of a minimum and maximum age and stripped weight limit as indicated in the chart below. Weights are subject to change.

Division Name	Ages	Certification Weight Maximum	End of Season Maximum	Additional Age Requirements
<b>Mighty-Mites</b>	6 - 7	Unlimited	Unlimited	Must weigh 75 lbs or less at Jamboree
	8	75 lbs.	75 lbs.	
<b>Jr. Pee Wee</b>	8 - 10	115 lbs.	122 lbs.	None
Older Lighter	11	80 lbs.	87 lbs.	Must weigh 81 lbs. or less at Jamboree
X-Men	8	130 lbs.	137 lbs.	
<b>Pee Wee</b>	9 - 11	135 lbs.	142 lbs.	None
Older Lighter	12	100 lbs.	107 lbs.	Must weigh 101 lbs or less at Jamboree
X-Men	9 - 10	155 lbs.	162 lbs.	
<b>Jr. Varsity</b>	10 - 12	150 lbs.	157 lbs.	None
Older Lighter	13	120 lbs.	127 lbs.	Must weigh 121 lbs. or less at Jamboree
X-Men	10 - 12	175 lbs.	182 lbs.	
<b>Varsity</b>	11 - 14	180 lbs.	187 lbs.	None
X-Men	11 - 13	240 lbs.	240 lbs.	None

\*\*Older Lighters are by definition players that are in the age and weight requirement listed. There are set maximum players for each team and the players are chosen by the coaching staff.

The Athletic Directors and coaches will determine the placement of players on a squad for football. The boys will weigh-in on Bears Day. Football squads may consist of up to 40 players. FINAL ROSTER size is at the discretion of the coaching staff – there are no guarantees of a position on any squad until final cuts are made. Cuts on each team may begin after

the second week of practice and will continue each week until final cuts are made after Jamboree. Player cuts will be notified by phone.

### **Registration**

Registration is completed online at **sanramonbears.com**. All fees must be paid in full prior to Bears Day in order to receive equipment and start practicing.

**Our 2018 Season Kick-Off for Football & Cheer will be on July 25 or 26, 2018 at BEARS DAY. ALL participants and one parent are required to attend Bears Day. THERE ARE NO EXCEPTIONS FOR THIS SEASON ON ATTENDANCE AT BEARS DAY.** Bears Day will be at California High School at the Bears Equipment Shed and in the bleachers. Bears Day gives the participants a chance to meet their coaches, turn in physician cards, pick up equipment, have photographs taken for the player cards, sign player contracts, weigh-in (football only), and ensure all paperwork is complete. **Attendance is MANDATORY!** Make sure you bring your checkbook with you to write deposit checks. You will need 3 checks for football.

- Check #1 - \$450 volunteer deposit if you do not fulfill your 14 volunteer hours for the season.
- Check #2 is for \$200 and will be cashed if equipment is not returned.
- Check #3 is for \$75 and will be cashed if equipment is returned late or is not clean.

There will be a **mandatory parent meeting** on **Monday, July 30 at 6:30 pm** where the Head Coaches will discuss their expectations of the players during practices and the season. One parent must be in attendance at this meeting. **No exceptions. There will be a sign-in sheet that will be passed around to account your attendance.**

**Practice Commitment:** Football practice starts **Monday, July 30 at 6:15** at California High School. Regular practice sessions are **Monday through Friday from 6:15pm – 8:15pm**, at either Cal High or Dougherty Valley HS during the month of August. Practice schedule will be posted to the website when it is finalized. **OFFICIAL WEIGH IN'S AND JAMBOREE WILL BE DONE TOGETHER THIS SEASON AND IS MANDATORY FOR ALL FOOTBALL PARTICIPANTS.** Jamboree date will be on August 25 (the exact location will be communicated as soon as it is available). The Mighty-Mites do not participate in Jamboree. **Final football rosters will be determined after Jamboree.** League play officially starts September 8, 2018. Practices are reduced to three days a week (generally Tues-Thurs) beginning the week of September 10. Games are played on Saturdays, and continue into early November. Some games may be played on Sundays, if there is a League or field conflict. Play-offs follow League Play, and the Championship Game dates and locations TBD. **THE FULL SCHEDULE WILL BE LISTED ON OUR WEBSITE AS SOON AS IT IS RELEASED AND IS SUBJECT TO CHANGE.**

**Equipment/Dress Code:** Though most practice and game equipment is provided to participants, some dress guidelines are in order. All jewelry including earrings, neck chains, etc. is prohibited at all times. Shirts with messages deemed in poor taste by coaches or Board Members will not be allowed. The best guideline is to use good common sense when dressing for practice and games. Game pants CANNOT be worn for practice pants. ***Players must purchase a mouthpiece, football molded cleats (no screw on cleats allowed) and a five piece girdle.***

**Birth Certificates:** New participants (considered new if you have skipped a year with the league or have not ever participated with the league) MUST provide an ***original or certified copy of a birth certificate (with raised seal, issued by state only) to verify age. This needs to be provided on Bears Day, July 25 or 26, 2018.*** A passport may be used as an alternative. **Photocopies or scanned copies are unacceptable.** No exceptions allowed. Our insurance carrier and the league require this. Identification will be returned in September following final League Certification. Once a player is certified in the league, identification will not be needed in future years, and will be returned. If you do not come to pick up your player's birth certificate, it will be mailed back to you and the Bears will not be responsible for replacement if it is lost in the mail system.

**Absence Policy:** A participant's safety and knowledge of plays, and the fact that your teammates depend on you, makes all practices in August mandatory. Failure to attend practices may contribute to any coach's final roster decisions (that means you may not make the team).

**Physical Exams:** **After you have registered online**, you will receive a EBYFC Medical Card in the mail. The card must be completed by an authorized physician and on the ORIGINAL EBYFC card – **no copies**. All participants must have a current physical. Participants are encouraged to schedule their appointments ASAP. The card must be **signed, not stamped**, by the doctor in the current calendar year (2018) even if the physical was performed in 2017. The stamp of the medical office is also required with full name, address and phone number of the office included. **Participants are NOT**

**allowed to receive equipment or participate in practice without a completed Medical Card. The deadline is Bears Day, July 25 or 26.**

**Rosters:** Rosters will be published for the exclusive use of the San Ramon Bears Youth Football and Cheer, its participants and parents. Unauthorized use of this information for commercial, promotion, and political activities is strictly prohibited. State and federal law, as well as the policies and procedures of the San Ramon Bears Board of Directors, prohibit the use of rosters by anyone other than the coaching staff or Board of Directors of the San Ramon Bears. Violators will be subject to expulsion from the San Ramon Bears program.

**Code of Conduct:** As a Bear participant, you represent the San Ramon Bears on and off the field. All members will refrain from unsportsmanlike behavior. **Team members will treat each other, the Coaching Staff and Board Members with respect at all times.** Any use of drugs, alcohol, tobacco or illegal substances will be grounds for automatic dismissal or other disciplinary actions. The coaches or the Board of Directors will not tolerate hazing of the younger players. The use of Facebook or any other texting or other social networking devices will be monitored at all times by coaches and Board Members. If at any time there is something inappropriate by any of the participants, it will be addressed immediately. Parents will also sign a Code of Conduct which can be found on the website.

**Scholar Athlete Awards:** It is the Bears' goal to promote excellence in both academic and sporting achievements. The Scholar Athlete Award is presented by the EBYFC to league students who represent scholar athlete qualities. Bears eligible for the EBYFC Award must complete a required personal information essay and autobiography. Forms will be available on the Bears website. The Bears have been the league leader for five years in a row and will continue to encourage our participants to participate. Details to follow.

**Communication:** You will receive weekly e-mails starting mid-July with all upcoming events, and important information. It is imperative that we have your correct email address. If you change your address please make sure you change it in the online system.

**Parent Participation:** The Football and Cheer programs are completely dependent upon parent participation to make each week run smoothly. Each Bears Family will be required to volunteer 12 hours for the season with 2 additional hours required if the Bears host playoffs or Jamboree for a total of 14 hours for the season. This information will be provided pre-season for planning purposes. You will be able to register for your volunteer hours after Jamboree and the Bears will notify you via email when you are eligible to register for volunteer hours. It is the responsibility of the parent that is signed up to provide accurate coverage of the volunteer time if you are not able to attend. Any changes of coverage must be communicated to the Parent Volunteer Coordinator 24 hours prior to your volunteer time. **All volunteers must be 18 years or older to participate.** Hours are not prorated.

**Injury Information:** Players may have an injury during the season. If this occurs and a doctor is seen, the doctor must clear the player to return to practice with a medical form that is required by the EBYFC. This form can be found on the Bears website. The player may not participate without this clearance form. **NO EXCEPTIONS.**

**Refund Requests:** If your player drops or is cut from the program during the Refundable Period (see Fee Schedule), you may request a refund. **ALL EQUIPMENT MUST BE RETURNED BEFORE ANY REFUNDS WILL BE GIVEN.**

**Scholarship Donations and Program:** The Bears organization has developed a scholarship program in order to provide the opportunity for qualifying candidates to participate in our Football and Cheer programs. For more details you can visit our website and review the information on the scholarship program.

The sustainability of such a program is dependent on the generosity of the members of the Bears organization and corporate sponsors. **Donations can be made by mailing a check to:**

San Ramon Bears  
PO Box 648  
San Ramon, CA 94583  
Attn: Scholarship

Should you wish to apply for a scholarship, please visit our website at [sanramonbears.com](http://sanramonbears.com) to review the program details. Scholarship application deadline is June 1, 2018

**2018 Fee Schedule is as follows:**

Subject	2018 Fee Schedule is as follows:	Refundable & Due Date	What does it pay for
<b>Football Registration Fee (per child)</b>	Regular March 28 – April 30 \$100 Late Registration May 1 – July 30 = \$125	<b>NON-REFUNDABLE Due at Registration</b>  <b>\$40 processing fee for all participants that are either injured (proof from a doctor is required) or relocate from the area and proceed to drop from the registration process before July 15 – all fees minus the \$40 processing fee will be returned upon approval</b>	This covers practice wear (personalized jersey), insurance, conditioning and try-outs.  Registration after July 15 will require the parent to have the player's practice jersey personalized outside of the Bears organization.
<b>Football Player Fee Scout, JPW, PW, JV and V squads only</b>	\$475.00	<b>REFUNDABLE</b> prior to Certification at Official Weigh-In <b>Due by July 25 or 26, 2018</b>	Certification, field fees, referee fees, league fees, coaches gifts, year- end celebration
<b>Volunteer Deposit</b>	\$450.00 Deposit check	<b>Checks will be cashed at the end of the season if all 14 hours are not fulfilled.</b> The hours are not prorated! The Bears reserve the right to add two additional hours per family if the Bears are awarded playoff hosting opportunities.  <b>Due by July 25 or 26, 2017</b>	Checks will be returned or destroyed after all hours are complete at the end of the season. Checks will be cashed if all hours are not completed. Deposit check due at Bears Day.
<b>Football Equipment Deposit/Return Fees</b>	\$200.00 (deposit check due)  \$75 charge for late, dirty or wet equipment (deposit check due)	<b>Checks will be cashed at the end of the season if equipment is not received at the specified equipment return times, returned late, dirty or wet.</b>	Deposit only – Checks are due at Bears Day and will be held with your file until equipment is returned (2 checks total due at Bears Day)

## **2018 SAN RAMON BEARS PARTICIPANT AGREEMENT**

**I have read the following EBYFC and the San Ramon Bears information and regulations regarding behavior and respect and agree to follow the rules at all times in order to participate in the Bears program.**

1. I agree to maintain at least a "C" average throughout the current school year.
2. I agree to play any position assigned to me and will do my very best for my team at all times.
3. I agree to play the game hard and cleanly at all times in a true sportsman manner with never intent to harm any opposing player.
4. I agree when my team is not playing that I will stay off the playing field being used and will not in any way interfere with those teams playing.
5. I agree that I will not in any way damage, or deface any property, building or equipment.
6. I agree to abide by all decisions of the game officials and will not create any unsportsmanlike gestures at any time.
7. I agree that I will act appropriately at all times and that I will refrain from using foul language.
8. I agree that I will remain a member of this team until properly released.
9. I agree to return upon request, the uniform and other equipment issued to me in as good condition as when received except for normal wear and tear.

**I agree to have my child's picture from games and competitions posted to the web site.**