



ImPACT™

The Best Approach to Concussion Management

Concussion Signs and Symptoms Evaluation

Signs observed by staff

- Appears to be dazed or stunned
- Is confused about assignment
- Forgets plays
- Is unsure of game, scores, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness *(even temporarily)*
- Shows behavior or personality change
- Forgets events prior to hit *(retrograde)*
- Forgets events after hit *(anterograde)*

Symptoms reported by athlete

- Headache
- Nausea
- Balance problems or dizziness
- Double or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish
- Feeling "foggy"
- Change in sleep pattern
- Concentration or memory problems

*Symptoms may worsen with exertion.
Athlete should not return to play until symptom-free*

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