

## 2018 NSYL Tournament Rules – Quick Reference

	<b>K/2 (8u)</b>	<b>3/4 (10u)</b>
<b>Crosse Lengths short/long/goalie</b>	Short 37-42"/ No long poles allowed/ Goalie 37-54"	
<b># of Long Crosses</b>	Not allowed	
<b>Goals</b>	4'x4' or face down 6'x6'	6'x6'
<b>Players on field</b>	4 v. 4 no goalie	6 v. 6 including goalies (6 players on field per team)
<b>Ball</b>	NOCSAE ball	NOCSAE ball
<b>Game Length</b>	2 halves, 20 min running clock	2 halves, 15 min running clock; exc. Championship is 20 min running halves; stop clock in last 2 min of each half in bracket play
<b>Time outs</b>	ONE Team time out per half, one minute each; not in last two minutes of half; does not stop clock; penalty time is paused	
<b>Quarter time/Half time</b>	5 minute half time	
<b>Side Changes</b>	Teams will change sides of field at half time	
<b>Overtime</b>	Four minute periods stop clock, sudden victory, for bracket play, full teams	
<b>Regular Face-off</b>	No face-off. Alternating possession in center. All other players on their defensive side of center. Players must be 5 yards from opponents.	Face-off is 1v1. Other players behind GLE, goalie in crease, until possession called or ball passes GLE.
<b>Final 2 Minutes</b>	n/a	
<b>Advancing the Ball (20 &amp; 10 sec. counts)</b>	No limit to how long a player can hold the ball	
<b>Stalling</b>	No limit to how long a player can hold the ball	
<b>Face-off Mercy Rule</b>	6 or more goal differential, trailing team starts with ball, unless trailing coach declines	
<b>Substitution Procedure</b>	According to head coach, on dead balls	According to head coach, on dead balls, through box
<b>Passing Rule</b>	Must attempt 2 passes before taking a shot on goal	
<b>Stick Checks/Slashing</b>	Allowed: Lift checks, poke checks, downward stick checks below both players' shoulders Not allowed: one-handed checks (see USL document for more info)	
<b>Penalty Enforcement</b>	Player leaves the field, no time serving penalties	Player leaves field and serves penalty time in score table box, but is immediately replaced. No man down/man up situations. 1.5x during running clock. Regular time if stop clock.
<b>Fouling Out</b>	Not applicable at this level; but ejection is for remainder of day.	
<b>Body Checking</b>	Not allowed; legal pushes and legal holds defined by USL rulebook	
<b>3-Yard Rule</b>	All legal checks, holds, and pushes must be on a player with possession or within 3 yards of a loose ball (see USL document for more info)	
<b>Raking</b>	Not enforced as a technical foul	

## 2018 NSYL Tournament Rules – Quick Reference

	<b>5/6 (12u)</b>	<b>7/8 (14u)</b>
<b>Crosse Lengths short/long/goalie</b>	Short 40-42" / Long 52-72" / Goalie 40-72"	
<b># of Long Crosses</b>	4 (not including goalie's crosse)	
<b>Goals</b>	6'x6'	6'x6'
<b>Players on field</b>	10 v. 10	10 v. 10
<b>Ball</b>	NOCSAE ball	NOCSAE ball
<b>Game Length</b>	2 halves, 20 min running clock. Last two minutes of half in bracket play are stop clock. Clock stops for injury.	
<b>Time outs</b>	ONE Team time out per half, one minute each; not in last two minutes of half; does not stop clock; penalty time is paused	
<b>Quarter time/Half time</b>	5 minute half time	
<b>Side Changes</b>	Teams will change sides of field at half time	
<b>Overtime</b>	Four minute periods stop clock, sudden victory, for bracket play, full teams	
<b>Regular Face-off</b>	All face-offs are 3 v. 3 unless there is a penalty situation.	
<b>Final 2 Minutes</b>	"Get it in / Keep it in"	
<b>Advancing the Ball (20 &amp; 10 sec. counts)</b>	20 & 10 second counts enforced.	
<b>Stalling</b>	All stalling/advance the ball rules in effect.	
<b>Face-off Mercy Rule</b>	6 or more goal differential, trailing team starts with ball, unless trailing coach declines.	
<b>Substitution Procedure</b>	According to head coach, through the box. Subbing on the fly allowed.	
<b>Passing Rule</b>	n/a	
<b>Stick Checks/Slashing</b>	Allowed: Lift checks, poke checks, downward stick checks below both players' shoulders Not allowed: one-handed checks (see USL document for more info).	
<b>Penalty Enforcement</b>	Player leaves field, serves penalty time in front of score table in the box, his team plays man down. In home may serve penalty for goalie, but personal fouls count toward fouling out. Penalties are reported regular time by the ref, converted by table at 1.5x during running clock, straight time during stop clock.	
<b>Fouling Out</b>	Foul out for rest of game if 3 personal fouls or 5 min of reported total personal foul time. Ejection is for remainder of day.	
<b>Body Checking</b>	Both hands on crosse, from front or side, contact below neck and above waist. No defenseless checks.	
<b>3-Yard Rule</b>	All legal checks, holds, and pushes must be on a player with possession or within 3 yards of a loose ball (see USL document for more info).	
<b>Raking</b>	No US Lacrosse rule at this level.	