

BOULDER HIGH SCHOOL FULL CONTACT FOOTBALL CAMP

Where: Boulder High School

Who: Anyone Interested in Full Pad Contact Football Camp 2nd- 8th grade

When: July 20th thru July 22

Time: 05:00 pm – 07:00pm Mon-Wed

Cost: \$80

Presented By:

Head Football Coach Bob Simmons:

- Head coach: Oklahoma State Cowboys
- Assistant Coach: 1990 National Champion Colorado Buffaloes
- Assistant Coach: Notre dame, Washington, West Virginia



The coaching staff at Boulder High School is committed to providing all Boulder Youth Football players with an opportunity to train with the Boulder High Staff and Football Players.

We will be covering drills that we do with our team as well as drills that the player can do at home to enhance their football skills.

Items that will be covered:

- Tackling technique and skills
 - We want to make sure that each player understands proper technique
 - We will emphasis player safety during tackling drills
- OL, DL, WR, RB, DB, LB, Kicker, Punter specific drills and techniques.
 - Each player will have an opportunity to try out different positions both offensively and defensively.
- Safe controlled tackling drills and scrimmages

We invite youth coaches to come and watch while we teach your players the skills and drills that we teach our young men. We will finish every night with a speaker from our staff or from outside programs.

No matter what level of football you participate in, this camp will help you to achieve a higher level of performance and success. We will have our varsity, JV and freshmen staff present along with current and former players. Safety in all activities will be emphasized as well.

Register at the Boulder High school Web Site, Click on line payments fees and sign up under Sports Camps Registration & fee Payments. Contact Camp Grades 2th through 8th.

If you have any questions please feel free to contact Coach Simmons. Email robert.simmons@bvsd.org office number 720-561-2325 of cell 206-250-2926

If you are a coach and gather your entire youth team the cost per camper will be \$50. This is if you bring 15+ participants