



Chatham Youth Sports Safety Symposium

Sponsored by: The Chatham Joint Recreation Advisory Committee

When: Wednesday September 16th 7pm – 8pm

Where: Chatham Middle School (band room – next to auditorium)

Who: We encourage all parents of youth athletes to take one hour and attend this special presentation

The Chatham Joint Recreation Advisory Committee is proud to present a one hour symposium on how to keep the youth athletes of Chatham on the field and healthy. We will have two distinguished expert speakers who will give you tips on how to help prevent injuries and what to do in the case of an injury.

Dr. Jack Knightly – Longtime Chatham resident who has been critical in keeping the youth athletes and parents of Chatham informed on the issue of athletic head trauma. He will speak and take questions on head trauma. He will discuss what should be done and how often prior to a potential injury and what to do in the case your child was to have head trauma.

Bio - Dr. Knightly completed a research fellowship in the surgical neurology branch of the National Institutes of Health and in pediatric neurosurgery at The Children's Hospital in Boston, Massachusetts. He completed advanced training in trauma at the Shock-Trauma Center in Baltimore, Maryland. He is a co-founder and director of the Concussion Center at the Atlantic Neuroscience Institute, and has served as a Neuro-Trauma Consultant for the National Football League and New York Jets. Dr. Knightly is the Director of Neurosurgery at Morristown Memorial Hospital and the Vice-Chairman of Atlantic Health Institute, where he also serves as the Medical Director of the neuro-spine team.

Dr. Eric Black – Will speak and take questions on overuse injuries common in youth sports. He will discuss injury prevention, the need for rest, and how best to recover from sports related injuries.

Bio - Undergrad: Neurobiology, Magna Cum Laude, Harvard College, Cambridge, MA
Graduate School: Columbia University College of Physicians and Surgeons, New York, NY
INTERNSHIP: General Surgery, Massachusetts General Hospital, Boston, MA

RESIDENCY: Chief Resident, Harvard Combined Orthopedic Surgery Program / Massachusetts General Hospital and Brigham and Women's Hospital Orthopedic Trauma Service, Boston

Dr. Black, MD, working for the Summit Medical group out of their new Florham Park office, specializes in orthopedics, with special focus on overuse injuries, sports injuries, and traumatic injuries. Dr. Black's expertise includes arthroscopic surgery, reconstructive surgery, shoulder replacement, and fracture surgery of the shoulder and elbow. He has additional expertise in advanced fracture care from his experience as Chief Resident of the Massachusetts General Hospital and Brigham and Women's Hospital Orthopedic Trauma service.