

PARKLAND BASKETBALL RULES

3rd & 4th GRADE BOYS

- PRE-GAME REVIEW:** Referees and coaches must review guidelines before each game.
Allow 5 minutes warm-up before start of game.
- GAME START:** Jump ball will start the game.
Alternate possession rule will apply for remainder of game.
- PERIOD LENGTH:** The quarters will end at the ¼ hour on the gym wall clock; i.e.:00, :15, :30, and :45. **(New)**
Time limit between all quarters will be 2 minutes.
The last period must end within the 1 hour time limit.
- TIME OUTS:** Each team is allowed two - 1 minute time-outs per half.
- LANE VIOLATION:** None
- BACKCOURT VIOLATION:** None
- TEN SECONDS VIOLATION:** None
- FOUL SHOTS:** Shooting fouls only.
Personal fouls are not totaled.
Player may be in front of foul line to shoot ball.
Team fouls are not totaled. No “1-and-1” foul shots will be taken.
The coach will remove his player for flagrant or technical fouls involving unsportsmanlike conduct.
- DEFENSE:** Play man-to-man defense only - no zone defense.
No backcourt or full court defense.
Double-teaming is not permitted.
Defensive players can pick-up opposing players at the 3 point line.
Defensive player cannot steal the ball when the offensive player is holding the ball.
Stealing is allowed only on passes in the first half of the game.
Stealing is allowed on passes and dribbling in the second half of the game inside the 3 point line.
- FAST BREAK:** Allowed on steals and defensive rebounds.
- SUBSTITUTIONS:** Player substitutions should only be made at the quarter breaks to avoid defensive player confusion and lost game playing time.

2012 Season