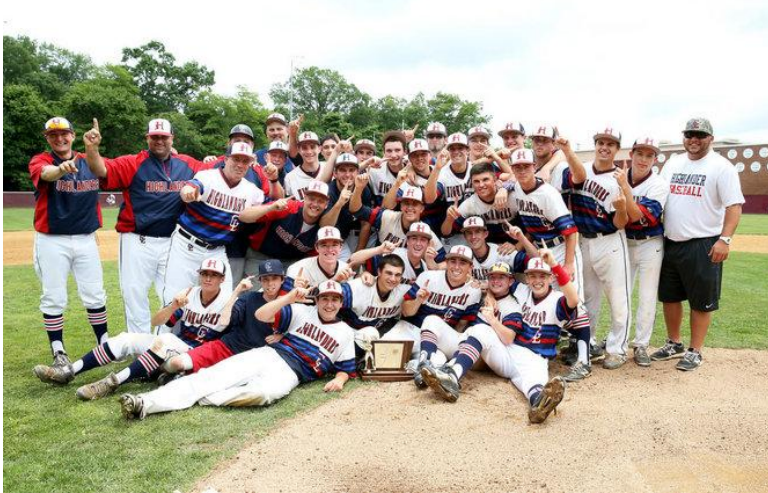


2016
Chris Roof's Hitting Drills For Success Camp
@DBat Facility



Thursday, June 23rd
Friday, June 24th

Grades 5th thru 8th

In conjunction with *Heights Baseball School*, current Governor Livingston Varsity Baseball coach Chris Roof will conduct an intense two day hitting clinic. This camp will **ONLY** take the first 20 kids to sign up. Any child after 20 will be shut out. Kids will be grouped according to grade. During these two days the kids will work with the staff on the fundamentals of the swing, covering topics such as grip, stance, stride and upper and lower body mechanics. Tee work, soft toss, batting practice vs. live arm, and batting practice vs. a machine will reinforce the principals taught. Mental hitting tips will be discussed too.

The camp will be held at DBat Facility, 1124 Globe Ave. in Mountainside from 10:00am to 12:00pm. Cost of the camp is \$100.00. Please send a check payable to **Heights Baseball School** to Chris Roof, 393 Park View Drive, Scotch Plains, NJ 07076.

MEDICAL INFORMATION

Camper's Name _____
Address _____
Home Phone _____
Parent Cell Phone _____
Parent Email _____
Emergency Contact _____
Grade (Just Completed) _____

SEE REVERSE SIDE

MEDICAL INFORMATION cont.

Family Doctor _____
Doctor's Phone _____

Liability Waiver:

I, the undersigned hereby release *Chris Roof's Hitting Drills for Success Camp* along with the *Heights Baseball School*, including its staff, from all liability or injury arising from or incident to participation of the above named child in the aforementioned clinic. I also authorize the directors of the camp to seek and obtain medical aid for said youth if in their judgment such action is warranted should the child sustain injury while participating in the camp.

Parent Signature _____
Date _____
Amount Paid _____

Director:

Chris Roof – current Varsity baseball coach Governor Livingston High School
Former Millburn High School Varsity baseball coach (2001-2003)

New Jersey State Coach of the Year (2011), “Coach of the Year” **Independent Press** (2002, 2003, 2006 and 2009), **Star Ledger Union County** (2006, 2011 & 2015).

Northern Hills Conference (2002), **Mountain Valley Conference** (2005 & 2006), **Courier News** (2006 & 2011) and **Sideline Chatter** (2011)

*2015 and 2011 NJSIAA Group 2 State Champions/1993 National Champion (Montclair State University)

PLEASE MAIL THE ENTIRE FLIER

- Please call Chris Roof at (908)578-4539 with any questions or concerns
- **Heights Baseball School** sessions are as follows:
Session 1: Tuesday, July 5th-July 8th (rain date any day in Session 2)
Session 2: July 18th-21st (rain date 7/22)