

Got Spirit! Let's Hear It!

Heights Cheerleading School is a camp for girls who want to learn, bond and have fun! The program is geared towards girls entering grades k through 9 and includes:

- **Cheerleading safety**
- **Enhancement of athletic skills**
- **Creative cheer routines**
- **Dynamic dances**
- **Athletic jumping exercises**
- **Several other fun activities**

All sports camp
1562 Brookside Road
Mountainside, NJ 07092

Summer 2014

***2 weeks this
summer***

**HEIGHTS
CHEERLEADING
CAMP**



For children entering grades

K-9

Memorial field

*** Across from the police station*
Berkeley Heights, New Jersey**

For more information

Please call

(908) 896-6175

**INTRODUCING
HEIGHTS
CHEERLEADING CAMP!**

- Heights Cheerleading School is geared towards girls entering grades k-9
- We will call you if camp is canceled due to inclement weather. If you don't get a call, come to camp!
- Campers should be dropped off by 8:50am. Camp begins promptly at 9am and ends at 1pm.
- Cost per child: \$170

DIRECTOR:

Jen Lambusta
Governor Livingston High School
Head Cheer Coach
jlambusta@bhpsnj.org

Terry Hanratty
Governor Livingston
Physical Education
thanratty@bhpsnj.org



What to wear:

Sneakers and comfortable clothing—Sunscreen should be applied before camp begins

What to bring: snack, water, towel and water clothes for slip and slide on Wednesday at 11:30

Check off your week

<p><u>1st Session</u> June 23 to 26 Rain date June 27</p>	<input type="checkbox"/>
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<p><u>2nd Session</u> July 7 to 10 Rain date July 11</p> <p>If the last day is rained out, the camp is over.</p>	<input type="checkbox"/>
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Registration

Please print clearly!

Name (child)
Name (parents)
Street Address
City
Email
Home phone
Cell phone
Age

Tee Shirt Size	Youth	S	M	L	
	Adult	S	M	L	XL

Please notify camp director of any allergies or medical conditions before camp begins. The Heights Cheerleading School has my permission to provide medical care in the event my son/daughter is injured or ill.
Signature- parent/ guardian

For more information Please call (908)896-6175

Checks should be made to Heights All-Sports Camp and mailed to: Heights All Sports Camp
1562 Brookside Road
Mountainside, NJ 07092