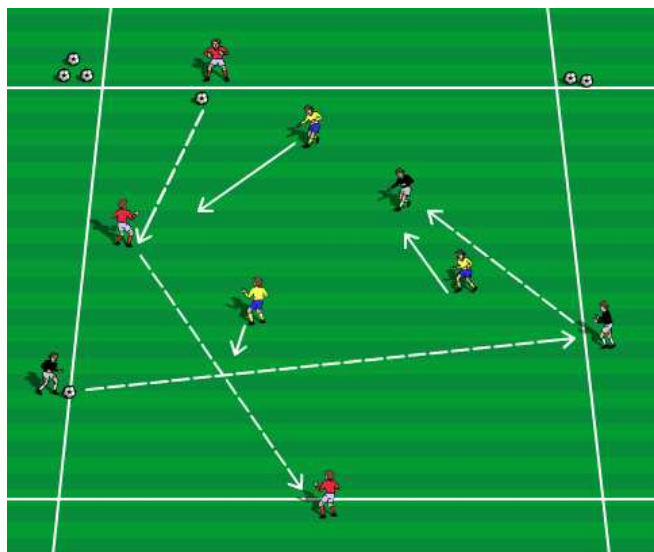




Curriculum – Camp

Activity # - 2810

<b>Topic:</b>	Passing	<b>Age:</b>	All Ages
<b>Section:</b>	Main Theme	<b>Ability Level:</b>	All Levels
<b>Learning Outcome(s):</b>	Improve players ability to penetrate with a pass		



**Organization:**

1. 20 x 20 yard area, set up as shown
2. Three teams of 3 players
3. 2 balls with additional around the outside

**Description:**

1. The Red and Black teams must attempt to pass the ball from one side of the area to the other
2. The Yellow team must attempt to intercept the balls of both teams
3. The Red and Black team each have one player inside the square to pass to
4. The Red and Black score points by moving the ball from one side to the other
5. If the yellows intercepts any ball, they replace the team they stole from on the fly
6. If ball leaves area, count as defensive win

**Coaching Points:**

1. Movement to create passing angles
2. Selecting appropriate passing technique depending on distance of pass
3. Playing with 1 and 2 touches to keep defenders moving and unbalanced
4. Linking up with player inside square to increase speed of play

**Progression:**

1. P - Reduce touches for attacking teams
2. P – Player in the middle cannot play back to the player that passes them the ball (must play forward)