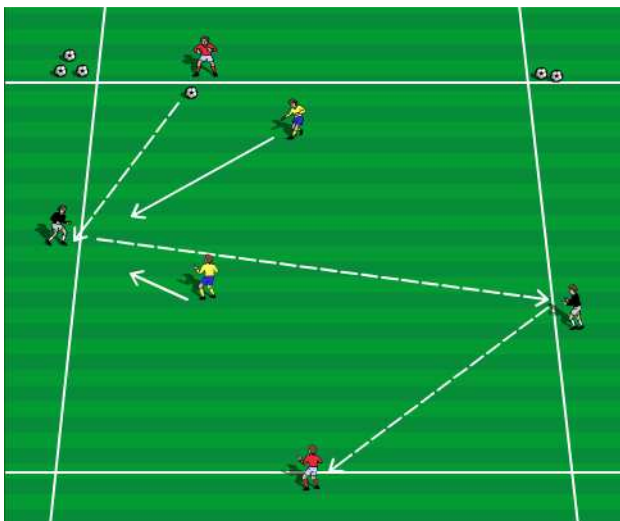




Curriculum – Camp

Activity # - 2809

<b>Topic:</b>	Passing	<b>Age:</b>	All Ages
<b>Section:</b>	Main Theme	<b>Ability Level:</b>	All Levels
<b>Learning Outcome(s):</b>	Improve players ability to penetrate with a pass		



**Organization:**

1. 20 x 20 yard area as shown
2. Three teams of 2 players
3. 1 ball, additional around the outside

**Description:**

1. The Red and Black team must keep the ball away from yellow
2. The Red and Black team work on the outside of the square
3. The Yellow team work on the inside of the square and must attempt to intercept the ball
4. Red and Black score points by splitting the defending Yellows
5. If successful, Yellows stay in for an extra turn
6. If ball leaves area this count as defensive win and the team that misplayed the pass goes into the middle

**Coaching Points:**

1. Movement to create passing angles
2. Selecting appropriate passing technique depending on distance of pass
3. Playing with 1 or 2 touches to keep defenders moving and unbalanced

**Progression:**

1. P - Reduce touches for attacking teams
2. R- Allow attacking players to play inside the area