



Curriculum – Camp

Activity # - 2803

<b>Topic:</b>	Passing	<b>Age:</b>	All Ages
<b>Section:</b>	Main Theme	<b>Ability Level:</b>	All Levels
<b>Learning Outcome(s):</b>	Improve players ability to pass and support		



**Organization:**

1. Two 20 x 30 yard areas as shown
2. Two teams of 6 players
3. Lots of soccer balls with coach

**Description:**

1. The Coach passes a ball into each area, teams send two players into opposing half to play 4 v 2
2. Defending players attempt to steal ball and return it to their own area
3. If successful, play 6 v 2 with 2 soccer balls for as long as possible
4. Attacking team scores points for every pass completed when both soccer balls are in their own area

**Coaching Points:**

1. Speed of play
2. Importance of using 1<sup>st</sup> touch to move away from pressure
3. Keep the ball moving
4. Awareness of space
5. Combination play to keep defenders moving and unbalanced

**Progression:**

1. P - Add 3<sup>rd</sup> defender if attacking team keep both balls for a set period of time
2. P – Send only one player over to defend to play 5v1