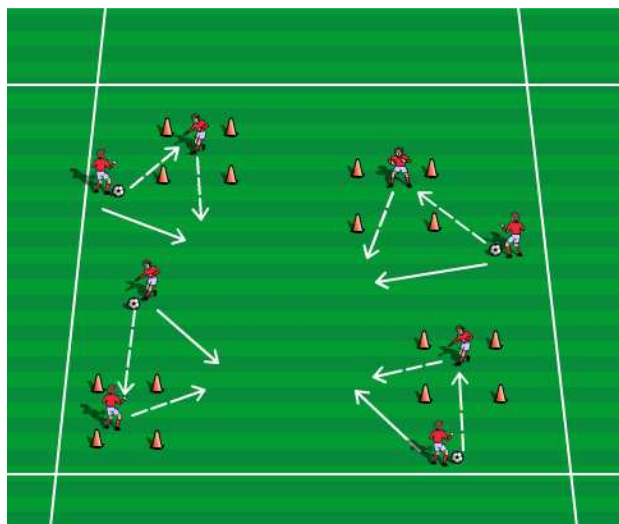




Curriculum – Camp

Activity # - 2708

Topic:	Control	Age:	All Ages
Section:	Main Theme	Ability	All Levels
Learning Outcome(s):	Improve a players ability to combine		



Organization:

1. 30 x 30 yard area as shown
2. 5 x 5 yard squares throughout area
3. Half of players in squares
4. Half in area with a ball

Description:

1. The players with ball at their feet dribble and look for open player inside square
2. The player with the ball pass to the player inside the square who receives this and then sets back out to the same player (Wall pass)
3. The player then looks for another square to exchange the next wall pass with
4. Play for set period of time then rotate players inside square

Coaching Points:

1. Head up to observe open receiver
2. Communication between players
3. Push pass inside square
4. Open body up to receive on back foot
5. Head up to observe next action

Progression:

1. R - Ball cannot leave the same side of the square it entered from
2. R - Add a roaming defender that must prevent passes into the squares