



Curriculum – First Kick

Activity # - 29

Game Title:	Lost in Space	Game Theme:	Colors
Learning Outcome(s):	Recognition of colors		



Organization:

1. 20 x 20 yard area, set up as shown
2. 1 ball per player
3. Disc cones (different colors)
4. Tall cones (different colors)

Story/Description:

1. The players are Starships flying their spacecraft (ball) around the sun (yellow circle)
2. When the coach shouts out a planet (cone) the Starship must fly around that planet as fast as they can
3. Each planet is a different color

Coaching Points:

1. Don't let your ball go out of the galaxy (area) otherwise you may get lost in space forever
2. Head up
3. Little kicks as you dribble your ball

Developments:

1. Start with ball in hand and progress to dribbling
2. The coach stands behind the planet they want the Starships to fly around
3. Progress to dribbling around two planets
4. Name each planet, the players must try and remember the name of that planet as they dribble their ball