

SYF

AMATEUR ATHLETIC RELEASE OF LIABILITY (READ BEFORE SIGNING)

In consideration for being allowed to participate in any way in the **SACRAMENTO YOUTH FOOTBALL (“SYF”)** league (football and cheer programs), related events and activities, the undersigned acknowledges, appreciates, agrees, and covenants as follows.

The risk of injury from the activities involved in this program are significant, including the potential for, but not limited to those from falls, slips, sprains, pot-holes, broken bones, contact with other players or coaches, concussions, paralysis, sudden death, standing water and field conditions, humidity, heat, cold, and other weather conditions inherent to a game played outdoors; we understand that while particular rules, properly fitted and certified helmets, and equipment may reduce these risks, the risk of serious injuries still does exist.

I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, **EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES** or others, and assume full responsibility for my participation as coach or as the parent/guardian of a participant minor child.

I willingly agree to comply with all of the stated and customary terms and conditions for participation. If, however, I observe, at any time, (or have) a symptom of a concussion or any other health issue or hazard, I will remove myself or my child from participation notifying the coach/ official immediately. I also consent to having my likeness, image, picture, or videos of myself or my minor child used in any advertising, promotion, or review by SYF without compensation.

I, for myself, and on behalf of all minor child’s legally required persons, my spouse, executors, heirs, representations, and next of kin, **HEREBY RELEASE, AND SHALL HOLD HARMLESS & INDEMNIFY SYF**, its officers, commissioner, vice-commissioners, game site hosts, team associations, their agents, board members, all volunteers, coaches, the officiators, medical personnel, sponsors, advertisers, owners or lessors of any property used to conduct the event (known herein as **RELEASEES**), **WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH**, or loss or damage to person or property, **WHETHER ARISING FROM NEGLIGENCE OF THE RELEASEES OR OTHERWISE**, and **FURTHER AGREE & PROMISE TO INDEMNIFY and HOLD HARMLESS THE RELEASEES** from any and all claims, liabilities, damages, and expenses (including attorneys’ fees and costs incurred) in any proceeding to enforce or defend this Waiver and Release (venue to be Sacramento, California).

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT. I FULLY UNDERSTAND ITS TERMS. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT OR UNDUE INFLUENCE.

Participant / Coach Signature _____ Date Signed _____

Print Name Here _____ Print Team’s Name _____

Parent or Guardian’s Signature _____ Date Signed _____

Print Name of Parent/Guardian Here _____

Parent or Guardian’s Signature _____ Date Signed _____

Print Name of Parent/Guardian Here _____