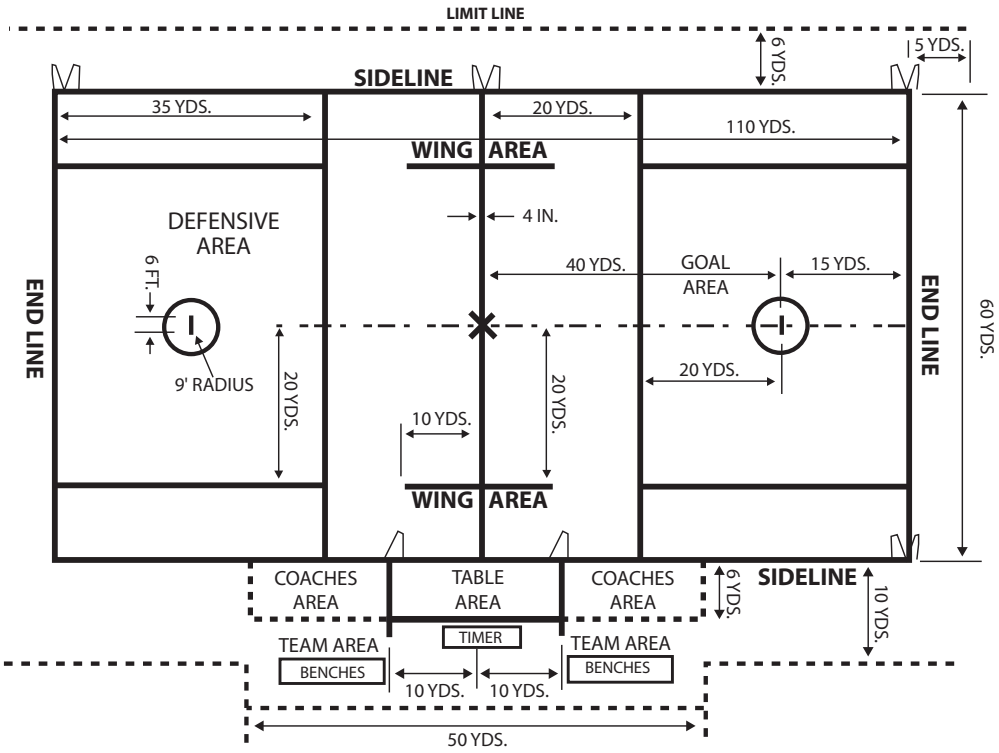
BOYS' YOUTH LACROSSE

STANDARD FIELD DIAGRAM



DIMENSIONS: 110 yards long, 53 1/3-60 yards wide, with 15 yards between goal line and end line

BOX: defensive/goal area defined by box on each end of the field

MIDFIELD LINE: the center line that runs across middle of field with an X in the middle and 2 wing area lines on either side for faceoffs

GOAL CREASE: 9-foot radius circle around the goal, 18 feet in diameter

SUBSTITUTION AREA: players enter game through this area

TEAM BENCH AREA: positioned between scorer's table and end line

SCORER'S/TIMER'S TABLE: score, time, penalty, and substitution area

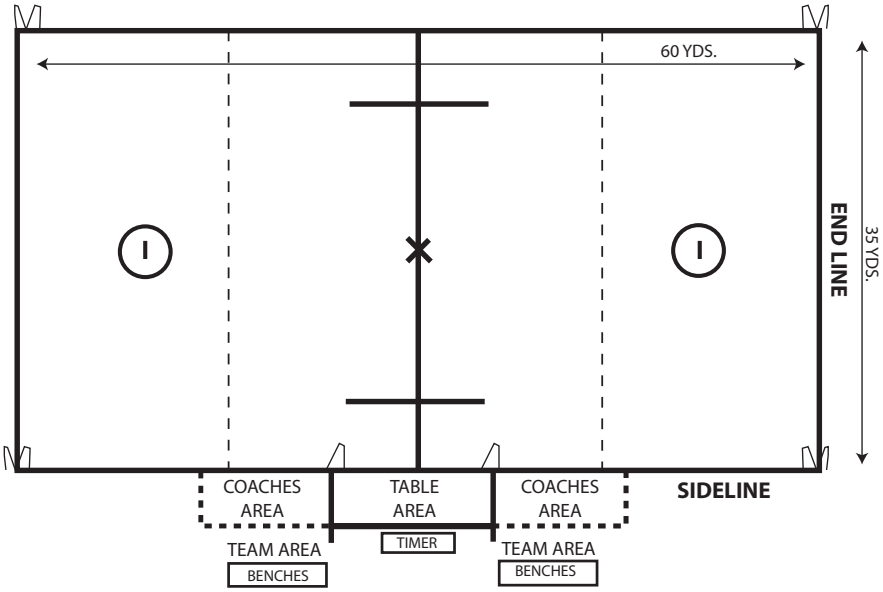
COACHING AREA: where coaches are permitted to roam

SPECTATOR AREA: 6 yards from the sideline opposite team benches and never behind goal line

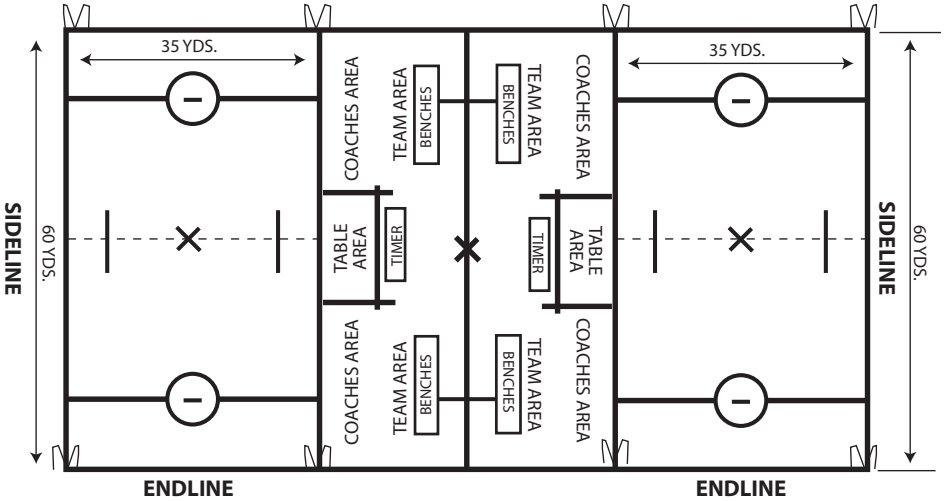
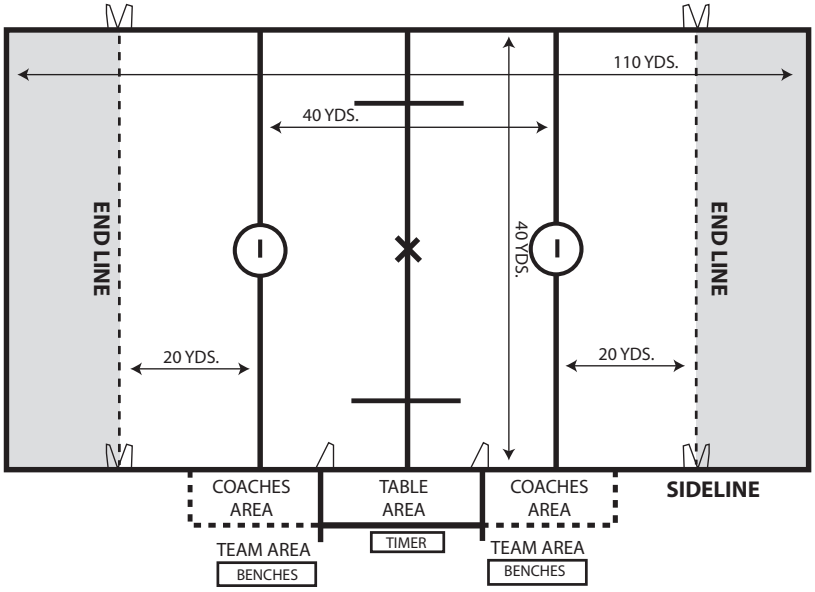
BOYS' LACROSSE

7V7 FIELD DIAGRAMS

VARIATION 1



VARIATION 2



VARIATION 3