# BASEBALL PITCHER ELIGIBILITY TRACKING FORM

**LEAGUE:** _____ **TEAM NAME:** _____

| DATE OF GAME | PITCHES THROWN | PITCHER NAME | UNIFORM NUMBER | LEAGUE AGE | OPPOSING TEAM NAME | OPPOSING MANAGER SIGNATURE | PITCH COUNT RECORDER | ELIGIBLE TO PITCH AGAIN ON (DATE) |
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***TEAM MANAGER MUST HAVE THIS AFFIDAVIT AT EVERY GAME AND USED AT PRE-GAME MEETING WITH OPPOSING TEAM AND UMPIRES***

**Days Rest**

**66 or more pitches - 4 calendar days rest**

**51-65 pitches - 3 calendar days rest**

**36-50 pitches - 2 calendar days rest**

**21-35 pitches - 1 calendar day rest**

**1-20 pitches - 0 calendar days rest**

**Pitch Count limits**

**League age 7-8 50**

**League age 9-10 75**

**League age 11-12 85**

**League age 13-16 95**