

Texas Heat Lacrosse Youth Development Academies



Our Mission: *The mission of Texas Heat Lacrosse is to educate and equip children with the skills to succeed on the lacrosse field and throughout life.*

We accomplish this by *creating an enjoyable experience for each player by fostering a supportive, positive, and safe atmosphere to discover new skills that empowers players and builds confidence.*

Our instructional approach *focuses on the whole player in an effort to enhance social, mental, and physical development that will positively impact players both on the field and throughout life.*

WHAT WE ARE...

The Texas Heat Lacrosse Youth Development Academies are **training solutions** for parents who want their children (grades 3 – 8) to cut back on screen time and **learn the sport from expert coaches** in an **enjoyable and positive environment**. Players are grouped according to age and separated into our foundational program or our high school preparatory program. As cost-effective as most daycare services, our expert coaches foster a love for the game and enrich lives.

WHAT WE ARE NOT...

We are not a competitive club or travel team. We do not train our players in high-pressured atmospheres that emphasize winning above all else. And unlike many lacrosse organizations today, we do not claim to give players valuable instruction while providing mediocre services and sub-par instruction.

Our expert coaches are committed to ensuring that each child leaves each event as a better lacrosse player and as a better person. Guaranteed.

OUR LOCATIONS AND DATES...

We have 3 locations in the Austin area North (Round Rock), Central (TBD), and South (Dripping Springs) with events held on these dates:

- December 21 and 22nd
- Jan 11 – Feb 15th (Saturdays)
- March 10 – 14th
- June 16 – 20th
- June 23 – 27th
- July 7 – 11th
- July 14 – 18th
- August 4 – 8th
- August 11 – 15th

Questions? Please contact Texas Heat Lacrosse's Operation Manager, Shannon Stephenson, at Shannon@texasheatlacrosse.com or call Jamie DeBole at 512.574.2840

Learn more and register at www.texasheatlacrosse.com

