



# Allendale Little League

P.O. Box 295  
Allendale, MI 49401



## Baseball Pitching Rules FAQ

### Basic rules for Little league Baseball (VI-PITCHERS)

1. Anyone on a team is eligible to pitch- exception: Any player who has played the position of catcher in **four** or more innings in a game is NOT eligible to pitch on that calendar day. (rule-a)
2. (Minors/Minor Majors/Majors)= A pitcher once removed from the mound cannot return as a pitcher in that game. (rule-b)
3. The manager of a team must remove the pitcher when said pitcher reaches the limit for his age group as noted below, but the pitcher may remain in the game at another position (not catcher that day if thrown **41 or more pitches** in the game)
  - 17-18 yrs old- 105 pitches per day
  - 13-16 yrs old-95 pitches per day
  - 11-12 yrs old-85 pitches per day
  - 9-10yrs old- 75 pitches per day
  - 7-8 yrs old-50 pitches per day
4. The pitcher may continue to pitch after reaching the max number of pitches "To FINISH a batter"
5. Pitchers league age 14 and under must adhere to the following REST requirements
  - 66 or more pitches in a day = 4 calendar days of rest
  - 51-65 pitches in a day= 3 calendar days of rest
  - 36-50 pitches in a day= 2 calendar days of rest
  - 21-35 pitches in a day= 1 calendar day of rest
  - 1-20 pitches in a day= 0 calendar day of rest required
6. (Minors- majors) Pitcher's plate will be place at 46ft from front of rubber to point of home plate,
7. (Intermediate) Pitcher's plate will be 50 , (Junior, Senior and BL) 60 ft from front of rubber to point of home plate ( separate divisions)
8. Any part of a pitcher's undershirt or t-shirt exposed shall be of a solid color NOT WHITE. A pitcher shall not wear any item on his hands, wrists, or arms which may be distracting to the batter.
9. The pitcher's glove may not exclusive of piping, be white or light gray nor distracting in the judgment of the umpire.
10. The pitcher may wear a batting glove on the non pitching hand under the pitcher's glove provided that the batting glove is NOT white, gray or optic yellow.
11. See 8.00-8.06 in the little league handbook (The pitcher) for delivery rules, illegal moments, and description of the pitcher in regards to being on the mound for all situations.