

The Crooked Crosse Lacrosse Club (CCLC) is Upper Dublin's combination recreational and travel lacrosse league. The club's goals are simple: (1) have fun, (2) teach the game of lacrosse and (3) provide a progressively competitive environment to prepare UD kids to play on the Upper Dublin High School team. The club is organized by grade levels and offers a compelling program with the best coaches and facilities in our area. Our senior-level coaches have been affiliated with the program for many years and are involved in lacrosse inside and outside our club.

Grades 1-2: Recreational

These are the introductory years of the CCLC program where the kids learn fundamentals and play in our own internal league made up of kids from Upper Dublin and Wissahickon areas. This allows a large number of kids to break into smaller teams for weekly play. There is 1 practice during the week and there is tentative Saturday gameplay. The season starts in early April and lasts through almost the end of the school year. Practices are on the township fields including Sparks Fields. The Saturday play location will be determined as we get closer to the season.

Grades 3-4: Recreational & Travel Teams

The recreational structure continues with additional focus on fundamentals in progressively faster play. All players participate in the intramural league, described above. Practice is twice during the week and there is tentative Saturday gameplay immediately following the intramural games. Season length and locations are the same as above.

There is a supplementary portion of this age group called the "C" team. This is a select / tryout squad made up of township players in the 3rd and 4th grades. This team will have an additional practice after the Saturday games and practice as a squad during the week. "C" games are played against surrounding township opponents on Sundays (tentative) The "C" team will play in at least one tournament during the year. The club will have a "C2" team that will form and play a few games late in the season to offer a greater number of players the opportunity for full-field gameplay as well as participation in a possible tournament.

Grades 5-6 & 7-8: Travel Teams

At this point in the club, players have matriculated to competitive, full field play. Rules are expanded and approach the full high school rules (NFHS). Grades 5th & 6th are "B" level and grades 7th & 8th are "A" level. Typically, the club has high enough participation to support two teams each at the "A" & "B" levels which are separated by skill level. There are tryouts for these teams at the beginning of the season to define which "A" or "B" level team your son will play. Both teams are competitive and play in the greater Upper Dublin area against like-skilled opponents. Teams at both levels and age groups start the season the last week of February or first week in March, depending on field availability. Players will play in the Battle of Fort Washington lacrosse tournament (1st weekend of March) and in another tournament during the season. Both levels are governed by the [SEPYLA](#) sanctioning body that arranges referees and game play, including a playoff at the end of the season (end of May). A and B teams enjoy a 7-week regular season and 3-week playoff period. There are 2 practices during the week and games are Saturdays and/or Sundays (schedule driven by the SEPYLA league scheduling).