



NAYLAX Fall Lacrosse Clinic

Focusing on the improvement of the lacrosse fundamentals, this four-session clinic takes a learning approach in a fun and engaging way. The clinic emphasizes the development of cradling, passing, catching, shooting, ground balls, dodging, and basic offensive and defensive strategies in order to improve the players' overall lacrosse IQ.

Coach Mark Crawford
(U-9, 9th/10th, JV & Varsity coach)

Coach Andrew Rullan
(9th/10th, JV & Varsity coach)

Coach Mike Eck
(9th/10th & JV coach)

Coach John Rullan
(Varsity head coach)

Coach Andrew Stypula
(U-9 coach)

Coach Johnny Abbondanza
(U-7 coach)

Coach Jared Beers
(U-13A coach)

Coach Jason Faber
(9th/10th, JV & Varsity coach)

Players from the North Allegheny JV and Varsity teams will be on hand to assist with the sessions.

Session Dates

- *Sunday, September 24th
- *Sunday, October 1st
- *Sunday, October 8th
- Sunday, October 15th

Session Times

All sessions will be held from
10:00-11:30am

Session Locations

- U-13 & U-15: Upper Linbrook Field
- U-11 & Under: Lower Linbrook Field

Clinic T-Shirts

- ✓ T-shirts will be provided to players registered before the first session
- ✓ Include t-shirt size when registering

Session Cost

- ✓ U-7 Players: Clinic is FREE
- Pricing for all other age groups:
- ✓ If you register before the first session:
\$60 total
- ✓ Walk-Ups, and anyone interested in signing up for individual sessions:
\$20/session

Special "Grow the Game" Incentive

If a current NAYLAX player brings a player who is new to lacrosse and interested in learning the game, the registration cost will be split between the two, reducing the fee to \$30 for each player. Limit one incentive per player. Duplications (using the same new player) will not be accepted. Names of new and current players must be listed clearly during registration. Applies to new players who would play for NAYLAX in the spring only.

All sessions denoted with an asterisk (*) have a 1:00pm Steelers game. The clinic will end with enough time to accommodate this.