

**Gig Harbor Lacrosse
Boys High School Team
Attendance & Conduct Policies**

- A. Attendance:
- a. Players are expected to attend all practices and all games.
 - b. Spring break is a mandatory part of the season.
- B. Promptness:
- a. Roll is called at the start of every practice/game.
 - i. A player is “on time” when he is fully dressed and in the huddle for roll call. A player is “late” if he is not fully dressed and in the huddle for roll call.
 - b. Practices:
 - i. When a player is “late” to practice twice, that counts as a “missed practice.” Every two additional “lates” will count as another “missed practice.”
 - ii. Players can miss 3 practices throughout the season regardless of the reason. If a player misses a 4th practice, the player will be suspended for the next game. Every additional missed practice will result in suspension from the subsequent game.
 - c. Games:
 - i. When a player is “late” to a game, that player will sit the first quarter.
 - ii. If a player elects to miss a game, that player may be suspended for the next game.
 - d. Extenuating Circumstances: Coaches will assess on an individual basis circumstances due to illness or injury.
- C. Conduct:
- a. Players are expected to “Honor the Game” and all that entails on and off the field.
 - i. Show respect for the game, community, school, family, teammates, coaches, refs, fans.
 - b. Use of drugs or alcohol is prohibited.
 - c. Social media: Make good judgments when it comes to posting on social media.
 - d. Grades: Players are expected to adhere to the standards set by their parents and school.
 - e. Consequences: Depending on the severity of the infraction, consequences may include:
 - i. Running
 - ii. Suspension from practice (counts as 1 missed practice)
 - iii. Suspension from a game
 - iv. Loss of leadership position
 - v. Expulsion from the team
- D. Communication:
- a. Players are responsible for staying up-to-date on the team’s schedule.
 - i. Calendar on GigHarborLacrosse.com is the best source for information.

- ii. Update your profiles on GigHarborLacrosse.com to receive important emails.
 - iii. Join Remind.com to receive important text messages:
<https://www.remind.com/join/ghlax>
- b. If a player will be missing a team event, the player must text or email the head coach (Marc Kemp) in advance.
- c. Social media: Follow us on
 - i. Twitter: @GigHarborLax
 - ii. Facebook.com/GigHarborLacrosse