



Gig Harbor Boys High School Lacrosse Equipment Requirements

Players are responsible for providing their own equipment: Helmet, Mouth Guard, Shoulder Pads, Arm Pads, Gloves, Protective Cup, Cleats, Stick.

Players are free to choose any brand/model of mouth guard, shoulder pads, arm pads, cup, cleat, stick (must be NFHS compliant).

Helmet and Gloves Requirements

League Policy: Our governing league requires that our helmets and gloves be “uniform...that the color schemes must match.”

Our Philosophy: It is our belief that equipment fit, feel, and performance are critical, and to that end, a one-size-fits-all approach to helmets and gloves does not work. We believe each player should identify what brand/model of helmet and glove provides the best fit, vision, feel, and performance for him. Therefore, these are our team guidelines for helmets and gloves:

Helmets: Players may choose any brand/model of helmet as long as it meets the guidelines below:

- ✓ Helmets must be NOCSAE certified.
- ✓ Helmets must be glossy (not matte) black; no custom chin or visor colors.
- ✓ Face cages should be black.



Popular helmet brands/models include: Cascade R (\$250+/-); Cascade CPX-R (\$200+/-); Warrior Regulator (\$220+/-).

Decals: Players are also required to apply the custom team decal to their helmet. Gig Harbor Lacrosse will order these decals when the uniforms are ordered. The cost to players will be approximately \$50.



Gloves: Players may choose any brand/model of gloves as long as they meet the guidelines below:

- ✓ The body of the glove must be predominantly Navy Blue.
- ✓ Accent colors may be White, Carolina Blue, Black.



Popular brands/models include: Warrior Mac Daddy 4 (Navy) (\$80+/-); Brine King Superlight 2 (Navy) (\$99+/-); Warrior Regulator 2 (Navy) (\$150+/-); Brine King V (Navy) (\$200+/-); Warrior Evo (Navy) (\$220+/-).

Note: The custom team Under Armour gloves that were purchased for 2014 & 2015 are also acceptable. If you have those gloves, you do not need to buy new gloves.

Where to Buy:

- 1) Check our Gig Harbor Lacrosse Equipment flier first.
- 2) Breakaway Sports in Bellevue is a full-service lacrosse store.
- 3) Multiple websites.