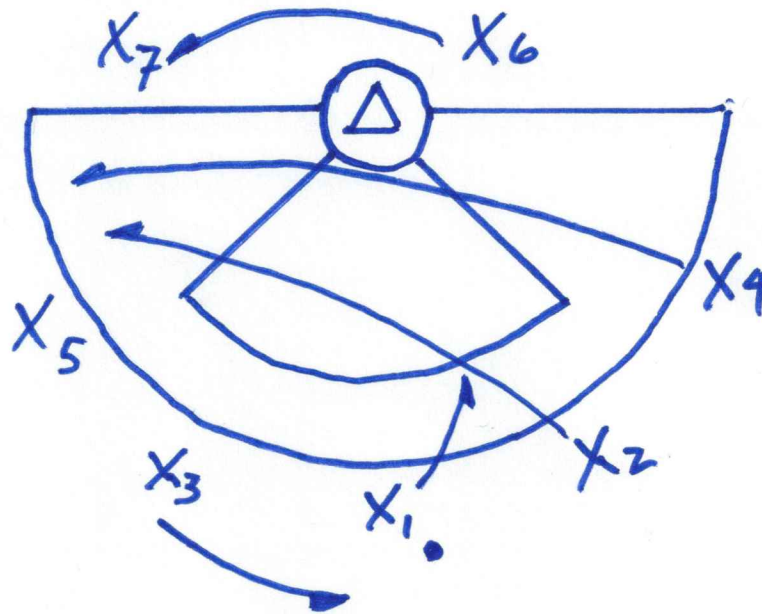


## HARBOR FIRE GIRLS 7/8 OFFENSIVE PLAYS "FIRE" AND "ICE"

### FIRE

Set up in a 5-2 Attack: 5 players around the 12M arc and 2 players behind goal line extended on either side of the cage. X1 has the ball at the top of the 12M fan. The person next to the stick side of the ball, X2 in this case (either X2 or X3 depending on which direction we're looking to create the isolation), will cut hard through the 8M towards X5 looking for a pass.

While X2 cuts away, X6 will float over to X7. X4 will cut across 8M after X2 clears, looking for a pass. This will clear the RIGHT side of the field for a 1 on 1 scoring opportunity. X1 will try and fake out her defender and go hard to goal. As X1 drives, the other offensive players will try and create a commotion on the left side of the field by calling for the ball ("Ball!, ball!, ball!") so as to distract the other defenders. Once X1 drives, the opposite stick side player (X3), will float to the top of the 12M for a safety outlet pass from X1 if necessary.



### ICE

Same play but goes to left side. X3 cuts across, X7 floats towards X6, X5 cuts across, X1 goes 1-on-1 to goal. X2 pops up to provide a safety outlet.