

# GELL Coaching “Need to Knows”

## Rules:

- It is YOUR responsibility to actually read and know the rules of our sport. Get an NFHS rulebook and read it. Then visit [USLacrosse.org](http://USLacrosse.org) and download the Youth rules to see modifications from that book

## Talking to the League:

- Each one of your programs has a board member. If you want to get clarification on a subject OR would like to advocate that something is changed in our league, that person is your conduit.

## Schedules:

- The schedule on your website is NOT your schedule. The definitive schedule is found at [www.eastsidelacrosse.org](http://www.eastsidelacrosse.org). For those programs that use League Athletics and have sync'd your teams, they should be identical.

## Game Changes:

- Game changes must be submitted at least 3 days prior to the event.
- 78A cannot reschedule games PERIOD
- They should be emailed to [yuri@kreutzerweb.com](mailto:yuri@kreutzerweb.com)
- They must follow the format below

### EXISTING GAME:

Date  
Location  
Time  
Team vs Team

### NEW GAME

Date  
Location  
Time  
Team vs Team

## Adding Extra Games:

- Do not add midweek games
- Extra games on Sundays are fine
- Workout all details with the opposing team first, then add Steve Lytle to the email thread when everything is set.
- Submit in the format below to [yuri@kreutzerweb.com](mailto:yuri@kreutzerweb.com)

### NEW GAME

Date  
Location  
Time  
Team vs Team

**Byes:**

- All of your teams should have byes on both their spring break weekends
- Some of your teams will have byes on regular Saturdays
- We have already worked with other leagues to fill those byes, but if you want to try on your own you are welcome to do so
- If you fill a bye, submit as a new game following procedure above

**Referees:**

- The league will work with the referee assignor to get all of your games covered.
- You will not be able to see those assignments
- If we know something isn't covered, we will contact you
- In rare cases, you may not get refs to a game. If that happens, you are instructed to postpone the game. Send an email to [yuri@kreutzerweb.com](mailto:yuri@kreutzerweb.com) and we'll reschedule for you.
- 34 games will have 1 referee this year in the new format

**Honor the Game Ceremony:**

- Immediately following a 34 or 56 game, both teams meet facing one another on the field, or on the side of the field (if another game is starting)
- Home coach starts with brief thank you to visiting team and then introduces two of his players to present HTG stickers to the opposing players
- Then visiting team does the same
- This is intended as a sportsmanship award, not an MVP award.

**Behavior:**

- Do not scream at referees or you will be penalized and ultimately ejected from the game.
- If you're ejected, there is no appeal process. By rule, you are then required to sit out of your next scheduled game (same as players).
- If you're ejected twice in one season, you're done for the year (same as players)
- Spectator's behavior is YOUR responsibility. Unruly spectators will be penalized and ejected.