

2015 Key Rule Matrix for Boy's Youth Lacrosse

Rule	78 A (99)	78 B	56	34
Stick Length	Short: 40" - 42" Long: 52" - 72"	Short: 40" - 42" Long: 52" - 72"	Short: 40" - 42" Long: 52" - 72"	Short: 37" - 42" Long: NONE
Equipment	Goalies wear arm pads at all levels			
Time	10 Minute Stop Time Quarters			20 minute running halves
Overtime	Sudden Victory Overtime, 4 minute periods until victor (as field availability permits)			Game ends in a tie
Auto Stall (Final 2 minutes)	Enforced (Team with the lead must "get it in and keep it in" in final 2 minutes)			Not Enforced
Faceoff Mercy Rule	If a team achieves a 12 goal lead in the second half, change to running time (no free faceoff)			6 goal lead, the trailing team can take the ball without a face off
Advancing the Ball	20/10 Advancement counts			Waived: No Counts
One Handed Checks	No one handed checks allowed			
Time Serving Penalties	Regular NFHS Rules			None
Substitutions	No horns, wider box (20 yards)			Horns allowed, youth box (10 yards)
Fouling Out	4 Personal Fouls or a total of 5 minutes of personal foul time for a given player			N/A
Legal Body Checks	Limited body checking as permitted - Checks should be generally upright, No lowered head or shoulder checks			No body checks

Other Rules that are true for ALL LEVELS of play:

Field Size	If Lacrosse sidelines are not available, but both soccer and football are available, you must use the football lines
Specators	Must be on opposite side from the teams and sideline managers are highly recommended
Illegal Body Checks	NO TAKE OUT CHECKS ARE ALLOWED AT ANY LEVEL (no lowering shoulder, no excessive aggression, no blindside checks, no checks against an opponent in a defenseless position)
Checks to Neck/Head	Big point of emphasis: Checks with body or stick to Head/Neck area AND use of head (spearing) will draw a 1, 2 or 3 minute unreleasaable penalty.