



2016 NFHS Boys Lacrosse - Frequently Asked Questions

1. **NFHS Rule 1-7- 3** provides, in part, that: *“Any additional strings or laces (e.g., shooting strings, V channels) must be located within 4 inches of the top of the crosse.”*

ART. 3 . . . Any strings or leathers are limited to a hanging length of 2 inches. All hollow crosse handles must have their open end covered with an end cap manufactured for a lacrosse stick. In both cases, the crosse shall not be



Figure 7

considered illegal; however, it shall be removed from the game until corrected. Any additional strings or laces (e.g., shooting strings, V channels) must be located within 4 inches of the top of the crosse. (See Figure 7)

Q. Does this restriction apply to the Goalkeeper’s crosse?

A. No. That part of the rule does not apply to the Goalkeeper’s crosse.

Q. What is the penalty for a violation?

A. Under Rule 5.5 - 3 minute non-releasable penalty and the crosse remains at the table for the remainder of the game.

2. NFHS Rule 4-18-1 SITUATION E:

***4.18.1 SITUATION E:** Two or more defenders from Team B are standing in the crease in front of the goal with a clear intention of blocking shots, not defending another player. **RULING:** Conduct foul on Team B. If Team A was in possession, Team B in-home serves a 30-second penalty. A second violation by Team B should be enforced as unsportsmanlike conduct.

Q. Does the goalkeeper count as one of the two defenders referred to in the situation?

A. No the goalkeeper does not count as one of the two defensemen under this rule.

Q. Is this an immediate whistle?

A. The officials will stop play as soon as they notice the situation. However, if a shot is already in flight when this is noticed, the shot will be allowed to come to its normal conclusion before the whistle blows to stop play.

3. Restarts

Q. Where is the play restarted when there is a technical foul before the faceoff begins or while the faceoff players are down battling in the faceoff position?

A. The offended team is awarded the ball in its offensive side of the field at the center.

Q. If after the face off is started, the ball is directed or moves away from the Center if a player commits a loose ball infraction, e.g. a push or hold, where does the play restart?

A. The play is restarted where at the spot where the ball was when the whistle blew.

4. NFHS Rule 4-3-3n

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player taking a faceoff. The tape is to begin (but not be touching) the plastic at the throat of the crosse and continuing 6 inches down the handle. Tape must be of contrasting color to the head, gloves and shaft.

Q. Can paint be used in place of tape on the crosse?

A. No, tape **must** be used.