

BLC Girls Lacrosse Camp



Directed/Coached by: Brooke Cantwell, Williamstown High School Head Coach, Rutgers University, IWLCA All-American, 3-time All Big East Selection, and **Top 5 in Rutgers History in Goals, Points, and Draw Controls**

When: July 13-16, 9am-12pm at Duffy Fields, 25 Corkery Lane, Williamstown, NJ

For: All Girls, All Levels: Grades 3-12.

Equipment: All girls must have their own stick, goggles, and mouthguard!!

Cost: \$150 per player

Key Aspects of Camp

- Stick Skills
- Team offense
- Learn how to dodge efficiently
- Defensive Skills
- Tricks to taking a draw control
- Shooting placement and accuracy
- How to increase shooting speed
- Stick tricks
- Small-sided games

****CAMP HIGHLIGHTS****

- Each player will receive a pinnie
- Daily giveaways
- New stick raffled off

Questions: Email blclaxcamp@gmail.com

Registration Form

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone Number: _____

Email Address: _____

DOB: _____ Grade as of September 2014: _____

Emergency Contact: Name: _____ Phone Number: _____

Position: _____

Pinnie Size: _____

Cost- \$150 per player
Make checks payable to: Brooke Cantwell
Send to: 119 W Park Blvd, Westmont, NJ 08108