

## KEY 2014 Rule Changes

1. Illegal body check now includes "a player in a defenseless position". This penalty will be a minimum of a two-minute, non-releasable penalty. Clarified as:
  - i. Blindside hit
  - ii. Player who has his head down in an attempt to play a loose ball
  - iii. Body checking a player whose head is turned away to receive a pass, even if the player turns toward contact prior to check
2. Checks involving the head/neck are now automatically at least a two-minute, non-releasable penalty. There is no longer a 1-minute penalty for checks involving the head/neck.
3. Offside is clarified as more than six players in the offensive half or 7 in the defensive half.  
*Only Looking Forward → Counting*
4. Man down, face-off – no wing players. *During the faceoff in all penalty situations, there now must be four players in the defensive area and three players in the offensive area. If a team has three players in the penalty area, a player may come out of his defensive area to take the faceoff.*
5. NO HORNS for substitutions. *Once official is ready to put ball into play, a team has 5-seconds to pick up ball. Failure to pick up ball within 5 seconds is delay of game and loss of possession. Substitution may take place while play is suspended as follows: end of a period, scoring of a goal, injury time-out, equipment adjustment, a time-serving penalty and during a team time-out.* *closed Player*
6. Substitution area has been expanded to 20 yards (10 yards each side of center line.)  
*MAX # in the Box is 3 men*
7. Maximum of three players in the penalty box. *The penalty time of any additional players(s) shall not start until the penalty time of one of the three players in the penalty area expires* *Explain to parents*
8. During a Flag Down situation (Slow Whistle), officials will now stop play to enforce penalties on a second defensive foul **during the final two minutes of regulation play** with the team that is ahead and possessing the ball in the attack area, unless a scoring play is imminent.
9. Eye shade that is not a solid stroke or includes words, numbers logos or other symbols within the eye shade is prohibited.
10. Face-off man may not have tape on the plastic throat of the head of the crosse.
11. At the start of each period, a minimum of four balls should be spaced equidistant from each other five yards beyond the end line and four on both sidelines. On the bench side, balls should be placed at the scorer's table. *End + Side Lines*

Video Available at: <http://www.arbitersports.com/front/105412/Video>