

## HIGH SCHOOL SPORTS AND ATHLETIC ELIGIBILITY REQUIREMENTS

Students interested in participating in high school athletics in the 2016-17 school year should familiarize themselves with the following general regulations, academic and attendance requirements, and athletic policies. Listed below are the sports offered.

### Fall

Football - boys - V/JV  
Soccer - boys - V/JV  
Volleyball - girls - V/JVA/JVB  
Cross Country  
Tennis - girls  
Cheerleading - V/JV  
Golf - girls

\* Unless noted, sport is offered for both boys and girls.

\*\* V - Varsity

### Winter

Basketball - V/JV  
Wrestling  
Gymnastics - girls  
Swimming  
Cheerleading - V/JV  
Indoor Track & Field

### Spring

Soccer - girls - V/JV  
Softball - girls - V/JV  
Baseball - boys - V/JV  
Tennis - boys  
Golf - boys  
Outdoor Track & Field  
Lacrosse  
Stunt

**NCHSAA First Practice Dates** – Fall (August 1), Winter (October 31), Spring (February 13)

### Eligibility Requirements

To be eligible for tryouts, practice, or participation in interscholastic athletic contests, a player must meet all North Carolina High School Athletic Association (NCHSAA) and Wake County Public School System (WCPSS) eligibility requirements and policies:

#### **Age**

- Must not participate if he/she becomes 19 years of age on or before August 31, 2012.

#### **Attendance**

- Must follow WCPSS rules, which have an 85% attendance requirement (approximately 13.5 days) for the previous semester and includes all absences.
- WCPSS requires the athlete to be present the entire day in order to participate in activities or practices.

#### **Academics**

- A student, upon first entering grade nine (9), is academically eligible for competition on high school teams. All requirements must be met the first semester (fall) in order for this student to be eligible for athletic participation the second semester (spring).
- Must meet promotion requirements at their school to be eligible for the fall semester.
- Must earn passing grades in three for block schedule schools during each semester in order to be eligible for participation during the succeeding semester. Seniors must meet this requirement in order to participate in athletics during the spring sports season of their senior year.
- WCPSS also has GPA requirement. Students must maintain either a minimum 1.5 Cumulative or minimum 2.0 the previous semester.

#### **Enrollment**

- Must participate at the school to which he or she is assigned by the local board of education based on the residence of the parent or legal custodian within the administrative unit. The athlete must live with the parents or legal custodian. According to WCPSS Board Policy 6201 a “legal custodian” is a person or agency awarded legal custody of a child by a court of law.
- Must be a properly enrolled student in a member school of the WCPSS district, must be enrolled no later than the 15<sup>th</sup> day of the present semester, and must be in regular attendance at that school.

#### **Medical Examination**

- Must receive a medical examination once every 395 days by a duly licensed physician, nurse practitioner, or physician’s assistant.
- Must be released by a licensed physician if absent from athletic practice for five or more days due to illness or injury.
- Athlete and Parent/Legal Custodian must read the Concussion Information Sheet and sign the Concussion Statement.

#### **Other NCHSAA Requirements**

- Must not participate at the high school level for a period lasting longer than eight consecutive semesters beginning with the student’s first entry into grade nine or participation on a high school team.
- Must not participate at the high school level for more than four seasons in that sport (one season per year).
- Must not be convicted of a felony in this or any other state, or adjudicated as a delinquent for an offense that would be a felony if committed by an adult in this or any other state.
- May not play, sit on the bench, or practice if ineligible.
- To maintain amateur status, the athlete must not accept money or awards having utilitarian value (golf balls, clubs, tennis rackets and balls).
- Must not have signed a professional contract, played on a junior college team or be enrolled and attending class in college.

#### **Other WCPSS Policy**

- May not participate in practice or play if assigned to In-School Suspension (ISS) or Out-of-school Suspension (OSS).
- May not participate at a second school in WCPSS in the same sport season.
- Students enrolled and attending WCPSS high schools without interscholastic athletics will have the opportunity to participate in athletics. For each school without interscholastic athletics, the Superintendent/Designee will assign a school for athletic purposes.
- Students granted a voluntary transfer away from the base school shall not participate in athletic activities for 365 days. In order to participate in athletics, the student must fill out the “Appeal for Athletic Participation for Transferred Students” form, and the appeal must be approved.