

East Hampton Youth Football and Cheerleading Association Player Code of Conduct

Youth football plays a vital role in encouraging physical, social and emotional growth of children. It is therefore essential for parents, coaches and officials to encourage their youth football players to embrace the values of good sportsmanship, discipline and character development.

The East Hampton Youth Football and Cheerleading Association recommend the following Player Code of Conduct:

- I will have fun!
- Be good sports (win or lose), be honest, fair and always show good sportsmanship to all coaches, players, officials and fans.
- Learn the value of commitment to the team.
- Put personal goals aside for the betterment of the team.
- Show courtesy and respect to teammates, opponents and coaches.
- Realize that athletic contests, including practice sessions are educational experiences and opportunities.
- Players will not engage in unsportsmanlike conduct.
- Players will not engage in rude behavior.
- I will treat everyone, including coaches, parents, players and officials, with respect, regardless of race, creed, color, nationality or gender.
- **I will call the head personally if I need to miss a practice or game.**

Player Name: _____ Player Signature: _____

Anyone who fails to behave in accordance with the Code of Conduct while attending, coaching, officiating, or participating in a youth sports event will be subject to disciplinary action, including but not limited to the following in any order or combination, at the sole discretion of the East Hampton Youth Football and Cheerleading Association Board of Directors:

1. Verbal warning
2. Written warning
3. Suspension or immediate ejection from an event
4. Suspension from multiple season events
5. Referral to law enforcement authorities

Note: The most severe disciplinary action may be taken after the first infraction and shall be at the sole, unrestricted discretion of the East Hampton Youth Football and Cheerleading Association Board of Directors.

East Hampton Youth Football and Cheerleading Association Parent Code of Conduct

Parents are vital to the development of young athletes. Whether sitting in the stands or helping out as a volunteer, parents must set a positive example. Parents and adults involved in youth sports should be models of good sportsmanship and lead by example on and off the playing field.

The East Hampton Youth Football and Cheerleading Association recommend the following Parent Code of Conduct:

- Give constructive criticism during a private moment, never in front of other parents, players, officials, spectators, etc.
- Support your coach and refrain from excessive “sideline coaching” from the stands.
- Refrain from using profanity.
- Abide by a doctor’s decision in all matters of players health and injuries and physical ability to play.
- Accept the decisions of officials on the field as being fair and called to the best ability of the officials. Parents must stay off the field and remain under control in order to set a good example for players and other spectators.
- Do not criticize an opposing team, its players, fans, coaches or team by words or gestures.
- Support the coaches, players and officials and help teach the value of commitment to the teams, sportsmanship, ethical conduct and fair play.
- Inappropriate behavior is cause for immediate ejection from the stands. Repeat offenses will result in being barred from future games and league sponsored activities.
- Parents will not encourage their child or any other person to engage in sportsmanship conduct with any coach, parent, player, participants, officials or any other attendee.
- I will not use of drugs, tobacco or alcohol products at any game or practice field.
- **I will not call a coach if my son or daughter if they need to miss a practice or game. I will hold them responsible unless they are medically/physically unable to do so.**

Parent Name: _____ Parent Signature: _____

Anyone who fails to behave in accordance with the Code of Conduct while attending, coaching, officiating, or participating in a youth sports event will be subject to disciplinary action, including but not limited to the following in any order or combination, at the sole discretion of the East Hampton Youth Football and Cheerleading Association Board of Directors:

1. Verbal warning
2. Written warning
3. Suspension or immediate ejection from an event
4. Suspension from multiple season events
5. Referral to law enforcement authorities

Note: The most severe disciplinary action may be taken after the first infraction and shall be at the sole, unrestricted discretion of the East Hampton Youth Football and Cheerleading Association Board of Directors.