

To our boys' NALAX Families,

Let the 2016 season begin! We will start indoor practices in March (on turf) at Home Grown Indoor Sports (400 Osgood Street); the schedule is posted below.

Indoor Schedule:

Please plan to arrive early to allow time for parking and for your child to put on equipment.

Sundays: March 6, March 13, March 20, April 3

U9 Boys (grades 1-2) 1:00-2:00 pm

U11 Boys (grades 3-4) 2:00-3:00 pm

U13 Boys (grades 5-6) 3:00-4:00 pm

U15 Boys (grades 7-8) 4:00-5:00 pm

Monday March 14:

U13 Boys (grades 5-6) 5:00-6:30 pm Select tryout

U15 Boys (grades 7-8) 6:30-8:00 pm Select tryout

Select games are play-to-win - the team is playing in a competitive league with a play-to-win format, rankings and playoffs.

Playing time for each player will vary based on the game situation and may not be even.

There will be a fee to play on the team which will cover referees for the games - The cost is \$125 per player.

We expect that these games will take priority over other activities/sports.

Select games are played on Friday nights and some Saturdays, the first game of the season will be April 15th/16th. We will also have one Select Practice per week, this is not finalized yet.

If you plan on having your son tryout please e-mail nalaxvpb@nalax.net. Also if you have a conflict with March 14th but want your son to tryout, please let me know that as well.

Monday March 28:

U13 Boys (grades 5-6) 4:00-5:15 pm Select practice

U15 Boys (grades 7-8) 5:15-6:30 pm Select practice

Thursday March 31

U9 Boys (grades 1-2) 4:00-5:00 pm

U11 Boys (grades 3-4) 5:00-6:00 pm

U13 Boys (grades 5-6) 6:00-7:30 pm

U15 Boys (grades 7-8) 7:30-9:00 pm

Location:

Home Grown Indoor Sports, 400 Osgood Street, North Andover

** If parking is not available at HGIS, please use the DPW lot directly adjacent to HGIS. Do not create your own parking space at HGIS. Your children's safety is our priority.

Equipment Required:

- **Boys** - boys' lacrosse stick, boys' lacrosse helmet, shoulder and elbow pads, gloves, mouth guard, athletic cup, cleats or sneakers.

Season Schedule:

As soon as the town fields are playable and the temperature warms up, practices move outdoors to a regular twice-a-week schedule. **Games will start on Sunday April 10.** Practice days and times have not been finalized. Teams will be assigned in late March and all participants will be contacted by their assigned coach at that time. Team requests cannot be taken; we will place siblings on the same team or the same color team to try to assist with scheduling.

Questions about the boys' program? Please email Steve at nalaxvpb@nalax.net