



College Admittance Review Sheet **Pete Schmitz, 2/06**

Getting Started:

Player and Parent Expectations for the College Experience

Resources for Parents/Students:

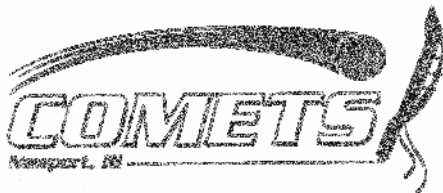
- Where to look? – Library, References
- Call 800 638 3731 or go to www.NCAA.org for the 2005-06 Guide for the College Bound Athlete.
- Other Resources or Reference Books, the Princeton Review, Business Weeks Top 400 Schools. : Head to Barnes & Noble

Narrow the field – Types of Schools, quality of schools, location of schools, size of schools, focus of schools, use the reference guides mentioned above.

Contact the Coaches – What to say, what to provide

- Do Your Homework before visiting, applying or speaking to coaches or interviewers. Study college website Info:
 - Review the School Mission Statement,
 - Review the Lax team schedule.
 - Check Coaches Bio
 - Division
 - Pre Season Rankings
 - competition
 - schedule
 - player roster list
 - Check out who is graduating
- Ask coach who he is recruiting, position and number of players.
- Fill out On Line Registrations usually on School Website.
- Some coaches will send out a package or registration form for the prospect to fill out.
- Track/log calls and emails to coaches.
- Does this school remain of interest if you are injured or disinterested?
- Notify of attendance at specific tournaments, Showcases attending (check their list or request their list of tournament/camps attending).
- Attend the camp of the school you have serious interest in.

Visit the campuses –



- Visit schools – take tours –
- Notify coaches and players that you know.
- Visit schools again.
- Meet the coaches,
- Stay over at the school,
- Watch practice, and get to know the coaches.
- Ask about the competition for positions in each of the schools.
- What are your students' chances of getting in?
- What are your students' chances of playing?
- What is your students' likelihood of contributing from the start?
- What is your students' likelihood of starting?
- Fall commitment,
- Training commitment,
- What are the coaches' personal expectations?
- Make a Pro and Con list at the end of each visit.
- Send Thank you notes.
- Get an interview if you can and feel comfortable with adults.

Providing a Resume – Include recommendations, achievements (all kinds – academics, different sports, honors, other),

- Transcripts,
- Test scores
- Be a multi-sport athlete and note all awards and accomplishments.
- Provide a Video.

Early Commitment – Letter of Intent

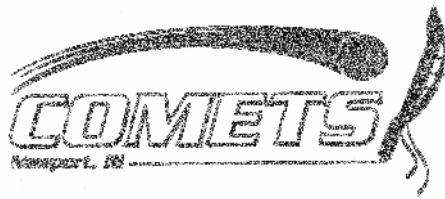
Other Important Discussion Points:

The College Lacrosse Experience: Is not for everyone! – Fall and Spring Commitment lifting and running even in the off- season.

Difference between Recruiting Programs for Men and Women: Tournaments and camps to attend.

Difference between D –1, D-2, D-3, Club – Ivy League
Coaches Demand on players, extremely demanding in D-1, less in D-2 and D-3 but still almost a full year around commitment.

How to decide –



Early Decision
Early Admission
Fall Back Schools

Black out dates? What does that mean for the student athlete, coaches?
Aid – Financial, Scholarship, stacking, grants.