

Quads

Quads are fast boats rowed without a cox, and special attention must be paid to safety concerns. The quad must always be accompanied by an approved coach or Level C, B or A Sculler during the entire row. The quad may be launched from the sculling dock, or from the Dartmouth dock during the hours contracted for coached programs and during UVRF special events (e.g. the Prouty or the Picnic).

Qualifications for scullers:

Supervised Rowing in Quads:

Any member may row in a quad if they are accompanied by a Coach or a Level C, B or A Sculler.

Any member may learn to steer/"toe" a quad at the discretion of ,and only if accompanied by, a Coach or a Level B or A Sculler either in a launch or in the boat.

Unsupervised Rowing in Quads:

Upon recommendation by the appropriate Coach and/or Level B or Level A Sculler and approval by the President or his or her designee, proficient steerers may be approved to take out a quad unsupervised at the following levels. It is strongly recommended that the person in the bow seat of an unsupervised quad wear "high visibility" clothing.

Level C Unsupervised Quad Toe - Home River: After sufficient practice steering, and with two recommendations (at least one from either a Level B and /or A Scullers) a member may request Level C certification. This allows the member to toe the quads on our home river without outside or on board supervision.

Level B Instructor - Level C Sculler After sufficient practice at Level C and with the recommendation of two or more Level B and /or A Scullers , a member may request Level B certification as an instructor. At Level B members can teach others to steer and can make recommendations for qualification to a Level C or B Sculler.

Level A Instructor and Unsupervised Quad Toe - Home River and Away: A member may request this Level after further experience and upon recommendation of two or more Level A Scullers. This level is required to steer/toe the boat anywhere other than Hanover. At Level A members can teach others to steer and can make recommendations for qualification to a Level C, B or A Sculler.

Quad - Supervision by a Coach:

When a quad is supervised by a coach, the coach must be in a position to closely monitor the quad's course and proximity to other water craft at all times, and enforce immediate correction if the boat presents a hazard to others on the water. The launch must carry standard safety equipment including life jackets (Kippy kits). The coach is responsible for overseeing all aspects of the row, including the carry to and from the dock. Rowers are responsible for any fee the coach may charge. Current UVRF coaches, Dartmouth, HHS or LHS coaches may coach the quad. Any coaches not employed during the calendar year by the aforementioned programs must be approved by the President or his or her designee.

Restrictions on weather conditions:

All UVRF sculling safety guidelines apply to the quad, with the following exceptions:

1) Regardless of the qualifications of the rowers, the quad may not be rowed in low visibility situations without an accompanying launch as outlined above. Low visibility situations include fog, where the Vermont shore is not clearly visible from the sculling dock, and before sunrise, or after sunset, as defined in the UVRF sculling safety guidelines (<http://www.uppervalleyrowing.org/Page.asp?n=66701&snid=eCMD%5B7E0Y&org=uppervalleyrowing.org>)

2) If accompanied by a launch carrying proper safety equipment (life jackets, ladder), rowers in the quad are exempt from the life jacket requirement under cold water rules.

3) The quad must be accompanied by a launch if the current is above 25,000 cubic feet per second or there is significant large debris in the water.

Reservation Process: Reservation requests on the racing boats calendar should include the name of the Level C, B or A Sculler or the coach.

Log Book Process: The name of the Level C, B or A Sculler or the coach should go in the name column. Each sculler and their seat number should be recorded in the comment column of the log sheet.