

WYB Boys Youth Lacrosse Rules Manual

Division III (grades 1-2)

Game Personnel

Five players per side on the field. There is no “offside” in Division III. All five players may go anywhere on the field (except the crease). Think of it as “basketball on grass”.

There is no goalie – Hector the Rejecter will be used in the goal.

Coaches should do their best to substitute players approximately every 4-5 minutes. Substitutions may be made on a dead ball whistle or on the fly. When substituting on the fly, players coming onto the field should wait for their teammate to exit the field. All players must enter and exit the field through the substitution box area.

Coaches should do their best to play all players equally*.

** WYB Lacrosse understands that today’s kids are involved in a number of activities; however, in the spirit of fairness to all team members, boys who consistently miss practices during the week may have limited playing time during games. Coaches are asked to use their discretion and try to fair to all participants.*

Field and Equipment

Games will be played on a shortened field. The field dimensions will be approximately 50 by 30 yards. The field will be marked with a midfield line, end lines, sidelines, possession boxes and creases. Cones will be used to identify corners, midfield line and substitution box area.

All players are required to wear a lacrosse helmet, lacrosse gloves and a mouth guard at all times while in the game. Cups are strongly recommended but not required.

All sticks must be between 37 and 42 inches in length – no long poles are permitted.

Regulation (hard) lacrosse balls will be used for all practices and games.

Time Factors

Games will consist of two halves, approximately 22-minute running clock. A 2-3 minute half time will occur between halves.

In the rare occurrence of an injury, the referee will blow the whistle and stop the clock until the player can be assisted off the field (the injured player must exit the field). The injured player will be substituted for and play (and clock) will resume on the referee’s whistle.

Play of the Game

An official score is not kept.

One player from each team will face-off at midfield to start each half.

At the start of each half and during every dead ball situation, all other players must be at least 5 yards away from the ball.

Defense

Absolutely no body or stick checking is permitted. If contact (body or stick) is made and the player with possession loses the ball, play is stopped and the ball is awarded to the player that lost possession.

If contact (body or stick) is made and the player with possession does not lose the ball, the offending player should be given a verbal warning and the play should be allowed to continue.

If contact (body or stick) is deemed to be excessive, the offending player must leave the game and be replaced by another player. The offending player can return to the game per the normal substitution schedule.

Teams must play man-to-man defense. No zones or double teaming will be allowed. Players that wander from their assigned man will be warned by the referee. If the team on offense loses possession of the ball as a result of a zone or double team, they will be awarded possession.

Defensive players must keep their sticks between their offensive player's shoulders and hips. Defensive players are not allowed to put their stick in the offensive player's face or raise their stick in an attempt to block or swat at the stick/ball.

Ground Balls

Only one player from each team can contest a ground ball. All other players must be at least 5 yards away from the ball. If a second player from a team contests a ground ball, the ball is awarded to the other team. Players can use their bodies (applying equal pressure) to get position during a ground ball situation.

Offense

Once a team advances the ball across the midfield line, that team must make at least one completed pass to a teammate inside of the "possession box" before shooting on goal. The referee will signal that a shot can be taken by raising one hand straight in the air and shouting "shot."

The player receiving the pass must be inside the possession box. The player passing the ball does not need to be inside the possession box. The completed pass must be an over-hand pass of at least five yards.

Teams are encouraged to try to pass the ball as much as possible while clearing the ball. Teams are also encouraged to continue to pass the ball while on offense in order to get the best shot possible.

A completed pass is made by Team A in its offensive end of the field. Team A drops the ball prior to shooting. Team A regains possession. Another completed pass is not required by Team A before a shot is taken.

A completed pass is made by Team A in its offensive end of the field. Team A drops the ball prior to shooting. Team B gains possession. Team A would have to make

another completed pass if it regained possession while still in its offensive end of the field.

A completed pass is made by Team A in its offensive end of the field. Team A shoots the ball and the shot is “saved” by Hector the Rejecter. Team A regains possession. Team A does not need to make another completed pass before another shot is taken.

An offensive player with the ball will have approximately 15 seconds to attempt a pass. The referee will warn the player to move and make a pass. If a pass is not made, play will be stopped and the ball will be awarded to the defensive team.

After a goal is scored, the other team is awarded the ball at the midfield line.

If the ball goes “out of bounds”, it is awarded to the team that did not touch it last.

If the ball goes “out of bounds” as a result of a missed shot, it is awarded to the team with a player closest to the ball when/where it went “out of bounds.”

The Crease

Defensive players are allowed inside the crease area to retrieve the ball; however, a defensive player is not allowed to “protect” the goal in any way. If a defensive player is caught “protecting” the goal and the defensive team gains possession, play is stopped and possession is given back to the offensive team.

Offensive players are not allowed inside the crease area; however, they are permitted to retrieve a loose ball out of the crease with their sticks as long as no part of their body enters the crease area.

Conduct

All players, coaches and parents are expected to conduct themselves in a sportsman-like manner. Cursing will not be permitted.

If a player demonstrates unsportsman-like behavior while in the game, the offending player must leave the game and be replaced by another player. The offending player can return to the game per the normal substitution schedule.

If a player is called for a second unsportsman-like offense in the same game, that player is expelled from that game.

If a coach or parent demonstrates unsportsman-like behavior while on the sideline, they will be asked to leave the playing area.