

Southern Tide Fall 2018 Club Team Update July 30, 2018 – Subject to change

- Equipment/US Lacrosse Number/Uniforms/FLA Registration
 - All players must have a helmet, mouth guard, shoulder pads, arm pads, gloves, functional stick, and cleats to step on the field. No exceptions. A cup is highly recommended. Goalies must have a cup.
 - All players must have a US Lacrosse ID # to register www.uslacrosse.org the cost is about \$30.00
 - If you do not have a uniform we will open the link with specific instructions. See separate PDF. Cost is about \$100.00 but we use the same uniform multiple seasons. Separate cost from registration. We are using our **existing** uniforms so if you have one that fits you are ready to play.
 - **Please READ** - All players must be registered on the Florida Lacrosse Association website. Basically, this is a waiver. Totally different from Southern Tide registration. This is the organization that schedules our games. No cost. If you do not register your player most likely will not be able to participate. Link provided later in the season once FLA determines the games locations, dates, and times.
- General Information - www.ravensyouthlacrosse.com is our home page for Southern Tide.
 - Lightning Team 2nd/3rd/4th Graders - \$195.00 registration fee – link- <http://assn.la/Reg/?r=2:178261>
 - **Monday and Wednesday Practice 5:45 to 7:15**
 - **Ward C – The field in front of the Winter Park Football Stadium entrance.**
 - Juniors 5/6 Graders - \$295.00 registration fee – link- <http://assn.la/Reg/?r=2:178263>
 - **Monday and Wednesday Practice 5:45 to 7:15**
 - **Ward C – The field in front of the Winter Park Football Stadium entrance.**
 - Seniors 7/8 Graders - \$295.00 registration fee – link- <http://assn.la/Reg/?r=2:178264>
 - **Monday and Wednesday Practice 7:15 to 8:45**
 - **Ward C – The field in front of the Winter Park Football Stadium entrance.**

Practice Starts Monday August 20 for all ages (No practice on Monday September 3, 2018 Labor Day)

Fall Game Schedule 2018

Subject to Change by Florida Lacrosse Association – They make the schedule we have nothing to do with it!

Junior and Senior games will **Most Likely** be double headers. Game dates and venues TBD.

Lightning (2nd,3rd,4th graders) – Sunday afternoons. TBD Block out 12:30 to 4:00. Games will be on Showalter East.

Juniors (5/6th graders) – Saturday Schedule – arrive 40 minutes prior to prepare

Seniors (7/8th graders) – Saturday Schedule – arrive 40 minutes prior to prepare

Junior and Senior Game Locations

- **Showalter East Field** – 2525 Cady Way Winter Park, Florida 32789 – This is the behind the football stadium field, next to Cady Way Pool, and across from Brookshire Elementary.
- **Ward C (Practice Location)** – 250 Perth Lane Winter Park, Florida 32789 – This is the field opposite the stadium main entrance. Across from baseball fields.
- **Apopka** (Northwest Recreation Complex) - 3710 Jason Dwelley Parkway Apopka, FL 32712. The lacrosse fields are all the way in the back corner. Close to the football stadium.
- **RD Keene Park** – 10900 Chase Road Windermere, FL 34786
- **Sylvan Lake Park** – 845 Lake Markham Road Sanford, FL 32771. The lacrosse fields are usually located across from the main recreation building. Parking is a challenge.
- **Davenport** (Northeast Recreation Complex) 50901 Highway 27 Davenport, FL 33897