



## PLAYER DEVELOPMENT

### INDIVIDUAL TRAINING

SHOOTING  
DRIBBLING  
FOOTWORK  
SPEED & AGILITY  
BASKETBALL IQ

### PROGRESSION TRAINING

SHOTS OFF THE DRIBBLE  
JAB SERIES  
MOVES ON THE MOVE  
PICK & ROLL  
PLAY MAKING & CREATING SPACE  
SHOOTING  
AGILITIES  
CORE STRENGTH TRAINING

### FACILITY

**GLEN'S SPORTS BARN**  
11283 FANCHER RD.  
WESTERVILLE, OH 43082

VISIT OUR WEBSITE BELOW



[www.corebasketballtraining.com](http://www.corebasketballtraining.com)

## STAFF

### DIRECTOR & TRAINER

**JEFF BRENNING**

40 YEARS BASKETBALL COACHING  
30 YEARS HEAD VARSITY HS LEVEL  
17 YEARS BOYS & 13 YEARS GIRLS  
4 YEARS ASST. MEN'S COLLEGE LEVEL

STAFF

FELLOWSHIP OF CHRISTIAN ATHLETES

### COST: (PER HOUR)

\$30 - 1 ON 1 TRAINING  
\$25 - PER PLAYER FOR 2-4 PLAYERS  
\$100 - 1 ON 1 PACKAGE (4 SESSIONS)

CASH OR CHECK PAYABLE TO:  
"CORE BASKETBALL TRAINING"

### CONTACT

FOR QUESTIONS & AVAILABILITY

**COACH JEFF BRENNING**

*jbrenni@att.net*

614-218-7983

**TO SIGN UP CLICK [HERE](#)**

Strengthen Your "Core." Improve Your Fundamentals & Improve Your Game!

"May you be strengthened with all power, according to His glorious might, for all endurance and patience, with joy." Colossians 1:11

# “CORE” BASKETBALL TRAINING



## Player Registration

Player name \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_  
Player address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Parent/Guardian name \_\_\_\_\_ Contact # \_\_\_\_\_ Email \_\_\_\_\_  
Emergency contact name \_\_\_\_\_ Relationship \_\_\_\_\_ Contact # \_\_\_\_\_  
Experience (in # of seasons): Recreational ball \_\_\_\_\_ Travel ball \_\_\_\_\_ AAU \_\_\_\_\_ School \_\_\_\_\_

## Waiver of Liability

I hereby permit my child \_\_\_\_\_ to participate in “CORE” Basketball Training. I understand that the coaches will do their best to keep my child safe, but I understand that any injury resulting from this activity is the responsibility of each individual. I understand and fully accept that there are risks involved in sports and that accidents and injuries are common and ordinary occurrences of sports. I hereby release and hold harmless Jeff Brenning, and the coaching staff of “CORE” Basketball Training from ALL liability and from ALL actions or claims that I or my child now or hereafter have for damage or injury to my child as a result of participation in the “CORE” Basketball Training sessions.

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_