

## CMYBL: 2011 – 2012 Full Court Press Rules

1. Full court press guidelines for each division:

DIVISION	ZONE ALLOWED?	FULL COURT PRESS	PRESS POINT SPREAD LIMIT
4 <sup>th</sup> and 5 <sup>th</sup> grade	No Zones Allowed. Man-to-man defense only for the duration of the season.	Man-to-man full court press permitted for the last 3 minutes of each half only as well as the duration of OT.	6 points. If your team is up by 6 points or more, you must pull your press back to mid-court.
6 <sup>th</sup> grade	Yes, for the entire season.	No restrictions.	10 points. If your team is up by 10 points or more, you must pull your press back to mid-court.
7 <sup>th</sup> and 8 <sup>th</sup> grade	Yes, for the entire season.	No restrictions.	12 points. If your team is up by 12 points or more, you must pull your press back to mid-court.

2. Coaches are responsible for monitoring press point spreads”, NOT OFFICIALS.

3. Coaches should “cordially” communicate with each other on the sidelines when press point spread has been reached.

4. Coaches are responsible for telling their players when press point spread has been reached.

5. Coaches should “cordially” bring it to the attention of the officials when pressing is or is not allowed. This is a special league rule, not something the officials are used to dealing with. They have enough to deal with on the court!

6. **SPECIAL NOTE:** Once the press limit is reached, the team ahead MUST allow the team behind to advance the ball into the front court without pressure. If the team behind chooses to/or attempts to “fast break/quick outlet and run” the ball up the court following a defensive rebound, the team ahead has the right to play defense anywhere on the court, including the backcourt. Once the team behind holds the ball in a clear attempt to slow down play, the team that is ahead by the point spread must then retreat to begin defensive play inside the 3 point arc.

7. If press point spread is reached and team behind loses the ball, or the ball is stolen, as a direct reaction to pressure type defense (official’s judgment)

- **1st violation** is a warning and the ball returned back to the team behind.
- **Subsequent violations** are a team technical foul charged to both the player and the coach.

8. Officials have final say on all judgment calls regarding the implementation of the pressing rule.

9. For man-to-man versus Zone Defense rules, see man-to-man versus Zone Defense rules sheet.