

Paul VI Boys Lacrosse Program Vision/ Mission and Program Expectations

Program Vision- To be the MOST RESPECTED HS Lacrosse Program in the Greater Washington Metro Area and the state of Virginia (including WCAC and VISAA)

Program Mission- To (1) Produce teams that compete annually for WCAC and VISAA championships (2) Help our Student-Athletes Achieve their Potential & Goals on and off the field (3) Help prepare our Student Athletes to excel in their life's journey beyond PVI

PVI Lacrosse Program Expectations for our Student Athletes:

- (1) **Faith & Family** should always be your first priority followed by (2) **Academics** and then (3) **Lacrosse** unless participating in another PVI Sport during the Fall or Winter Season (Out of Season, your In-Season PVI Sport Participation takes priority over Lacrosse)
- Students first; Athletes second; **we expect to see our student athletes perform well in the classroom...**ie 3.0 GPA or better; ideally 3.5 GPA or better; a GPA under 2.5 will require weekly academic updates to the Head Coach and may impact player participation
- **We expect players in our program to be Role Models for and reflect our Program Standards of Conduct:**

- **CHARACTER/ SPORTSMANSHIP-** always conduct yourself in a manner that your family, school, teammates and coaches can be proud of... both on AND off the field; always live up to the spirit of the "Creator's game"... respect your opponent, referees, fans, teammates, coaches and respect the game, win or lose

- **COMMITMENT-** Lacrosse should be your number one sports commitment in season and we expect your best effort to support your program, teammates and coaches on and off the field, as necessary (to include off-season fundraising support, community volunteer activities and off-season conditioning); we want players in our program to be "All In" and fully committed to the PVI lacrosse program Mission and Vision and Standards of Conduct; always give your best effort in practice and games and in preparing for each season

- **COMMUNICATION-** We expect our players to communicate directly, openly and often with our coaching staff; keep us informed of your academic status, injuries,

schedule conflicts, recruiting activities, off-season lacrosse activities, and any concerns you may have about Program Priorities, Team Strategy, Player Development, teammates, coaches, your role on the Team and/or playing time, etc...

- **COURAGE**- Willingness to always do the right thing and help ensure that your teammates do the right thing...on AND off the field; willingness to compete to the best of your ability, regardless of the circumstances; willingness to take on any assignment that helps the Team Succeed (to include cheering your teammates on from the sideline or fulfilling whatever role is asked of you on the field)

- **TEAM FIRST ATTITUDE**- We expect players to put the needs of the Program and Team ahead of individual priorities and/or interests; we expect players to push each other to Be The Best they can be and support each other on AND off the field

- **LEADERSHIP**- We expect our players to be Role Models and set a positive example for others to follow, on AND off the field; Be a positive role model for PVI and our Boys Lacrosse Program, both ON and OFF the field; embrace the concept of Service to Others

* **Off-Season Expectations**- Current and Prospective players are encouraged to play multiple sports at PVI, to support the school and to develop their athleticism; your In-Season PVI Sport should be your top sports priority during that season; you are not expected to participate in Off-Season Boys Lacrosse Program activities that interfere with your In-Season PVI sport; if NOT playing another in-season sport at PVI, you will be expected to participate in PVI Boys Lacrosse Program off-season activities, as instructed

* **Off-Season Conditioning**- Returning and prospective new players are expected to report to the first day of tryouts in February in top physical condition; we hold off-season team conditioning activities from mid-Nov through mid-Feb, which all players are strongly encouraged to participate in (unless participating in a Winter Season PVI Sport such as wrestling or basketball); Performance during Conditioning Testing in Feb will be a key Player Assessment AND Team Selection Criteria during the Tryout Process

ASSESSMENT CRITERIA used for Making JV and/or VAR Team Selections AND for Playing Time during the season:

Academic Standing/ Status; Attitude/ Behavior; Athleticism; Physical Conditioning; Lacrosse Skills; Performance on the field; Field Sense/ Lacrosse IQ; Ability to Follow Coach Instruction; Adherence to the above Program Expectations & Standards of Conduct

PVI Lacrosse PARENT EXPECTATIONS: Please be a positive supporter of your son, his teammates, his coaches, other PVI parents and school officials, opponents, opponent fans, referees, et al...and adhere to the following:

- The Coaches Coach
- The Officials Officiate
- The Players Play
- The Fans Cheer & Provide Positive Encouragement

PAUL VI Lacrosse Player/Parent Contract

Thank you for your interest and commitment to participate in the Paul VI Boys Lacrosse Program for the 2017 season. The Boys' Lacrosse Coaching Staff at Paul VI expects the student-athletes in our program to demonstrate the highest levels of character, commitment, sportsmanship, teamwork, integrity, and respect for others, on and off the field. We expect our players to be role models on the field, during team trips, within their local communities and the school, modeling the virtues of our Catholic faith and the PVI School Values. We also expect our student athletes to maintain strong academic standing in representing our school and this program. The Paul VI Coaching Staff will demand the best effort from our players at all times. In return, our coaching staff is committed to helping the players in our program achieve their potential and goals as Student-Athletes. We are also committed to helping the boys that participate in our program become young men that their families and the greater PVI community can be proud of. Together, we will strive to become the most respected lacrosse program in the Northern Virginia and greater Metro DC area.

Accountability of Actions – Rules that must be followed to Play Lacrosse at Paul VI Catholic High School:

Violation of Rules will lead to Verbal Warning/Suspension/Removal from Team or separate penalty as Determined by Coaching staff.

As a Paul VI Lacrosse Player, I will:

- Fully adhere to the Paul VI HS Participation Policy (see attached)
- Fully adhere to the PVI Lacrosse Program Standards of Conduct (see attached)
- Support my classmates, teammates, teachers, coaches and faculty in their respective sports and undertakings. 27 PVI Sports Programs, 1 Team
- Always treat my PVI teammates, fellow students, teachers, coaches, competitors, fans and other school staff members with respect
- Not use Profane Language – On or off the field. Even in times of stress!
- Never talk back to the referees or my coaches or “trash talk” or get in a fight with opposing players, coaches, fans, and/or other school/ game officials.
- Not fraternize with family, friends, or opponents during practices or games
- Remove trash from anything or place I use (ie field, locker-room, bus, etc)
- Arrive and Depart team activities on time
- Be responsible for proactively tracking team schedule updates on Team Web-Site (www.pvilax.net) and/or Team Twitter Site (@pvi_lacrosse) and for proactively communicating directly with my coaches about absences, schedule conflicts, playing time concerns, academic issues or other matters that impact this contract.
- Never use Lacrosse as an excuse for tardiness and/or late/ missed assignments; take accountability and responsibility for managing your time on weekends and

during the week to ensure all assignments are completed in a timely fashion and that you are prepared for all quizzes, tests et al... that are assigned

- Never Display Conduct that is Unbecoming of a Paul VI Student-Athlete and will fully support and adhere to the PVI Boys Lacrosse Program Expectations & Standards of Conduct

○ These Rules Include Behavior on the Internet and Social Networking Sites

In cases of suspension/dismissal, parents and administration will be notified and the player will not be allowed at the game(s).

Please Tear Here & Return Signed Acceptance of Above Rules to Head Coach*

All rules issued verbally are expected to be followed as well.

I have read the above Paul VI Player/ Parent Contract rules and I agree to follow them. If I break a rule I know I will be punished and I will abide by the circumstance the coaches decide, based on my actions. **Sign and return this page to the coaches.**

Player Signature _____

Parent Signature (1)_____

Parent Signature (2)_____

Print Name & Date: _____

Paul VI Catholic High School Participation Policy

Participation in extra-curricular, co-curricular and interscholastic athletic programs provides opportunities for students to supplement their classroom experience. At Paul VI Catholic High School, it is a privilege to participate in these activities and we encourage all of our students to get involved in some activity outside the classroom.

Student Responsibilities

The opportunity to participate in a PVI extra-curricular, co-curricular or athletic program is extended to all students who are willing to assume responsibilities and conduct outlined in our Student Handbook and this Participation Policy.

Teacher/Coach/Moderator Responsibilities

Teachers, coaches and moderators will distribute activity rules and this Participation Policy at the beginning of each season to students and parents. Expectations regarding school-wide and specific participation policies will be discussed and clarified. Students are required to comply with these rules as a condition for participation. Failure to comply with these policies will result in the forfeiture of the privilege to participate.

Eligibility Rules and Violations

Academics

A student will lose eligibility if his/her grades include any of the following two standards:

1. Two F's and/or one incomplete in the current grading period.
2. A GPA below 1.7 for the current grading period.

Grades for all participants will be checked at interims as well. If the requirements are not met, the student is ineligible until the end of the grading period.

Prohibited Student Conduct- alcohol, tobacco, other drugs and steroids

Students will lose the privilege to participate if they engage in prohibited conduct pertaining to alcohol, tobacco, or other illegal drugs.

- Students may not possess, use, sell, or distribute any illegal drug, alcoholic beverage, or abuse any controlled substance.
- Possession of tobacco is prohibited

- Students who find themselves in situations where drugs, alcohol, or tobacco products are being

used should immediately leave or risk being suspended for 30 calendar days.

- Students who use steroids, under Virginia Code effective July 1, 2005, will be banned from all activities for a 2 year period.

Other Behaviors

Students may not participate in extra-curricular or co-curricular activities if they are:

- Suspended from school for any reason (for the term of the suspension).
- Scheduled to serve detention during the time of the extra-curricular or co-curricular event.
- Involved in hazing or harassing another student. Where such conduct results in bodily injury to a student, offender(s) are subject to criminal prosecution and expulsion. School officials may recommend suspension and/or expulsion in any case.

Attendance Policy

Students must be in attendance by 11:30am on a full-day schedule, by the beginning of fifth period on an abbreviated schedule and must attend mass on a Liturgy schedule to participate in any extra-curricular or co-curricular activity. Any exceptions to this policy must be approved by the Dean of Students. Violation of this policy will result in suspension for the next game, activity or performance.

Mandatory Consequences for Prohibited Student Conduct

The student's teachers, parents, club moderators and/or coaches will be notified of incident. Incident will become part of student's discipline record. Students and parents will sign an acknowledgement of intent to comply which will be kept on file each year.

First Offense

The student:

- Will be suspended for 30 calendar days from all performances, practices, games, and productions.
- Must participate in a school approved Drug and Alcohol Program.

- May try out for a team, club, or activity. The tryout period cannot exceed 5 days. Suspension will resume at the completion of the tryout period.
- May not attend any after-school activity on or off school grounds while suspended.

Second Offense

The student will not be permitted to participate in any extra-curricular or co-curricular activity while at Paul VI.