



# Annandale High School Baseball Pitching & Defense Clinic Hitting Clinic

*Sponsored by the Annandale Atoms Athletic Booster Club  
Grades: K-8*

## Pitching and Defense Sessions

**Sunday, January 6**

Session: 9:30 am – 11:00 am

**Sunday, January 13**

Session: 9:30 am – 11:00 am

**Sunday, January 20**

Session: 9:30 am – 11:00 am

## Hitting Sessions

**Sunday January 27**

Session: 9:30 am -11:00am

**Sunday February 3**

Session: 9:30 am -11:00am

**Sunday February 10**

Session: 9:30 am - 11:00am

**\$25 per session or \$130 for all 6 sessions**

**Make check payable to AHS  
Booster Club**

**Mail to: Annandale High School  
ATTN: AHS Baseball  
4700 Medford Drive  
Annandale, VA, 22003**



The clinic will be held at the Annandale High School Gym  
Conducted by the Annandale High School Coaching Staff and Players

Learn the fundamentals of Pitching and Defense in the first 3 sessions  
Learn the fundamentals of hitting and bunting in the last 3 sessions  
Don't miss out on this great opportunity to sharpen your skills.

Contact Info: Coach Bagot 703-901-4954 email: cabagot@fcps.edu

Online Registration: [goo.gl/pVezvf](http://goo.gl/pVezvf)

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Ph #: \_\_\_\_\_

Age\ Grade: \_\_\_\_\_\\_\_\_\_\_

League: \_\_\_\_\_