



NCJLA 2018 Boys Rules

Standard NFHS rules will apply to the 2018 season and all NCJLA modifications to the NFHS rules are listed below.

USL Rules are superseded.

All players, coaches, and officials must have current US Lacrosse membership.

Coaches' Conduct: Head coaches must meet with officials and sideline managers during the required pre-game certification to discuss division rules, player numbers, and show all NCJLA certified coaches' cards for each participating coach. Only three coaches are permitted on the player sideline per team. Coaches who do not have an NCJLA certified coach's card shall not stand on the team's side of the field or "coach" from the spectator's side of the field. Coaches' conduct rules pertain to their actions not only on the field during the game but before, after and in the surrounding facilities. Sideline managers are responsible for encouraging and maintaining an atmosphere of positive sportsmanship for the duration of the game(s).

Participant Ejection: An official shall eject from the game any player, non-playing member of the team, coach, assistant coach or anyone officially connected with a competing team or fan using a racial slur or derogatory term related to race, religion, gender, sexual orientation, or ethnicity.

Age Group	Number of Players	Field Size	Goal Size	Game Length	Time Outs	Long Poles	Mercy Rule	Overtime
HS	NFHS	NFHS	NFHS	NFHS	NFHS	NFHS	12-goal margin in second half, game goes to running time	NFHS
14U	NFHS	NFHS	NFHS	10 min stop time quarters	2 per half, 1 per OT period	NFHS	10-goal margin in second half, game goes to running time.	Up to two (2) 4-minute sudden victory periods, can end in a tie
12U	NFHS	NFHS	NFHS	10 min stop time quarters	2 per half, 1 per OT period	NFHS	10-goal margin in second half, game goes to running time	Up to one (1) 4-minute sudden victory periods, can end in a tie
10U	7 field and 1 goalie	USL (60 X 35 yds)	USL (4x4)	12 min running time quarters	2 per half	Not Allowed	10UB only: 6 goal margin; award ball in lieu of face-off. May be waived. A Level only: 10-goal margin in second half	No overtime, ends in tie
8U	4 v 4, no goalie	USL (60 X 35 yds)	USL (4x4)	12 min running time quarters	2 per half	Not Allowed	No score kept	No score is kept

Points of Emphasis

- NOCSAE Balls:** required at all levels
- Goalie Arm Pads:** Recommended at all age levels
- One Handed Checks:** Considered a slashing penalty at all youth levels, in HS it is legal.
- Shot in Flight:** when the horn sounds, the ball is dead at all youth levels. HS will play by NFHS 2018 rule.
- Goalie Time Serving Penalties:** Except at the HS level, the In-home shall serve the penalty time for the goalie when the penalty is releasable and one minute or less. The goalie's number and foul shall be recorded on the score sheet, and he is subject to disqualification.
- Conflicting Jersey Colors:** The home team is responsible for white or contrasting jerseys. Rule conforming pinnies are acceptable.
- Checking, holds, and pushes:** At all youth levels all stick checks, body checks (except 8U and 10U - no body checks), legal holds, and legal pushes must be on a player in possession of the ball or within 3 yards of a loose ball or ball in flight.
- Stick Dimensions:** 2017 NFHS and 2018 NCAA stick head dimensions are legal at the youth levels.

* Age division modifications on back.

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10U - Additional Modifications

1. **Players:** 8 v 8 - 2 attack, 3 Midfield, 2 Defense, 1 Goalie
2. **Stick Length:** 37" to 42"
3. **Off sides Rule - In effect:**
 - 3 players in the defensive end at all times
 - 2 players in the offensive end at all times
4. **Penalties:** Served
5. **Face-Off & Wing Play**
 - Attack and defense start behind goal line extended until possession is gained
 - Wing players start one step in from the sideline

8U - Additional Modifications

1. **Players:** 4 v 4 - No Goalies
2. **Stick Length:** 37" to 42"
3. **Off sides Rule - NOT in effect**
4. **Penalties:** NOT served
5. **1 completed pass** in the offensive half of the field before a team can shoot
6. **Faceoff & Wing Play** – all players except faceoff players must be behind goal line extended at either end until possession is gained
7. **No Rake no Cover** (exception: on face-off to pull the ball out). In a scrum situation, award the ball to the offended team

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