



BERKELEY LACROSSE CLUB

Season Kickoff Meeting

January 10, 2018

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Welcome to BLC

- The Berkeley Lacrosse Club is one of the first Lacrosse Clubs formed in the Bay Area
- Connections with Berkeley High Lacrosse and Cal Lacrosse
- Goal is to provide boys and girls of every age the opportunity to play lacrosse and have fun
- A non-profit, volunteer run organization



Year Round Club Activities

- Main activity is Spring Season
 - Practice starts January 14
 - Games start in March and run through early May
- 7 teams
 - Girls: 10U, 12U, 14U
 - Boys: 8U, 10U, 12U, 14U
- BLC Summer Camp (August 13-18, 2018)
- Fall Ball



Spring Schedules

- Practices schedules are available online
 - Sunday afternoon practices start January 14 at BHS
 - One weekday afternoon practice for 12U & 14U added starting Feb. 1
 - Everyone back to Tom Bates in the afternoons once field resurfacing project is complete (early March)
- All players are encouraged to make all practices – playing time will reflect commitment to the team.
- However, check with your coach if you have a conflict
- Preliminary game schedules are online. Please make every effort to attend every game – your teammates are counting on you!



Uniforms and Spirit Wear

- Uniform orders were placed during registration. Most uniforms are available for pickup tonight, others will be delivered before first game.
- Select BLC spirit wear items available for purchase tonight. Bag order will be placed January 26.
- Look for a short-term online store with more options soon.



Gear Rental

- Gear Rental is unique to BLC, part of making game accessible
- Limited supply of gear is available, returning players are encouraged to purchase their own stick
- Gear Rental day is
 - Sunday January 21, 3-4:30 pm
 - Extra Space Storage, 601 Cedar St (@Eastshore Hwy) in Berkeley
- \$50 for a boys complete set, \$20 for a girls complete set
- Bring your player!
- Volunteers to help fit and distribute the gear are needed.



Parents are key

BLC is a community-based, parent-run organization promoting healthy, happy kids through the sport of lacrosse

The success of the club depends entirely on parent involvement and volunteers

If you see a need or something not working smoothly, step up and fix it

No lacrosse experience is required!



Volunteer Hours

- All families pay an upfront Volunteer Deposit of \$100
- Full refund is available following
 - Completion of 6 volunteer hours
 - Refund requested
 - No partial credit
- Volunteer opportunities are available at the Team and Club level



Parent Coaches

- Parent Coaches play a crucial role for all our teams.
 - Help at one practice per week, plus games
 - Complete NCJLA certification process
 - Be another adult on the field to keep things running smoothly
 - Training provided through US Lacrosse and BLC



Parent Coaches

- Girls 10U – Lise LaTorre, Alexandra Céspedes Kent, **Need a Head Coach/Coordinator**
- Girls 12U – Ian Moore, **Need another**
- Girls 14U – Sara Urbano, **Need another**
- Boys 8U – Michael Ray, Marco Baroz
- Boys 10U – Ethan Escowitz, Andy Wells
- Boys 12U – Todd Taylor, Tobias Carmichael, Jeff Rieger, Curtis Brown
- Boys 14U - Scott Shevelson, Paris Deshong, **Need another**



Outstanding Volunteer Needs

- Team Parent (B10U, B14U, G12U)
 - Coordinate snack schedule
 - Track volunteers for team-level needs
 - Coordinate season-end team party
 - Assist coach with communications
 - Foster a well-run team experience for all!
- Scorekeeper
 - Keep score for 2-5 games
 - Training available



Outstanding Volunteer Needs

- Home Field Setup
 - Only when your team has the first/last home game of the day.
 - Retrieve/return game box, table, chairs from/to storage shed
 - Set up field with cones and balls
 - Larger car required



Outstanding Volunteer Needs

- Team Scheduler
 - Assist with scheduling games (already done!)
 - Contact opposing team in advance of home games
 - Follow-up on any mid-season scheduling changes
- Sideline Manager
 - NCJLA requirement
 - Enforce field rules (no dogs, no food or drink)
 - Foster a positive spectator sideline environment



Other Volunteer Opportunities

- Volunteer Coordinator
- Publicity Lead
- Fundraising help
- Coordinating Club Picture Day
- PAID opportunity to be a referee



Upcoming Opportunities

- Sports Basement Fundraiser – this weekend
 - Mention Berkeley Lacrosse at checkout for 20% off your purchase. Discount good now through Monday.



Wrapping Up

- Sign in and mark how you are interested in helping
- Great opportunity to set up carpools
- Space still available on all girls teams and boys 8U and 10U teams, invite your friends to register online
- Check the website and download the SI Play app

See you on the field!

