



Shoreline FC Player Development Curriculum

I wanted to share with you a more detailed assessment of Shoreline FC's philosophy on player development and our training methods your child will learn from.

As Director of Coach and Shoreline FC founder, it is my belief (enthusiastically shared by our coaching staff) that we need to development each player **individually**. We strive to nurture skillful composure in possession of the ball (under game-like pressure), willingness and awareness to support the player on the ball and how to win back the ball. Developing these skills takes knowledge, good teaching methods, time, patience and dedication to learn.

Uncommonly, Shoreline FC teams practices 3 x a week with a game at the weekend during the fall season (3:1 ratio). That's 5 – 6 hours a week for our coaches to develop your child. Over the course of the fall season, that adds up to 50hrs – 60hrs of soccer development!! We take development very seriously and know each hour is precious.

Uniquely, Shoreline FC works from an age-specific coaching curriculum. ALL age groups have a training plan and priorities to work from. As DOC, I have written over 100-Practice sessions (with input from our coaching staff), drawn from my own soccer knowledge (USSF, NSCAA & English FA qualifications); to give a comprehensive blueprint on how Shoreline FC develops players. The sessions flow simple-to-complex, are designed to challenge players progressively through every phase of the session and crescendo with the ultimate test; **THE GAME**.

Pioneering player development at Shoreline FC, we believe in **PERIODIZATION OF TRAINING**. By presetting the season's 10-week training program into 2-3 week blocks, we feel your child has a greater chance of mastering the game than using the "*scatter-gun technique*" (preferred by most clubs) where after each games deficiencies, the following weeks training is focused. IE, a heavy loss will deem defending important, OR a 0-0 tie will push shooting to the forefront. Why "*paper over the cracks*" and teach in the short term? **Long term player development will eventually take care of game-day results!!!**

I hope this gives you a greater insight into how important Shoreline FC prioritizes child development? How our philosophy, coaching curriculum and periodization has the greater chance of long term player success? How dedicated a soccer organization we are and the steps we have put in place to fulfil our commitment to our members? We are not surprised US Soccer has taken greater steps towards prioritizing youth player development. We have been implementing these ideas/concepts since 2012!!

Thank you

Danny Simpson
Shoreline FC