

STUDENT-ATHLETE WORKSHOP

“Triple-Impact Competitor®”

Anyone who plays on a team is a participant. However, it requires hard work, commitment and personal growth to become what PCA calls a "competitor."

This dynamic workshop defines what it means to be a "competitor" in terms of three important relationships: the athlete's relationship with himself, with her teammates, and with his sport.



Every participant will receive a copy of the new *Elevating Your Game* book from PCA Executive Director, Jim Thompson.

This book, based on the thinking and experience of elite athletes and coaches who are part of the Positive Coaching Alliance movement, is filled with insights that can help athletes elevate their game!

DATE: April 5, 2014

TIME: 11:00am

LOCATION: Dillon Lounge,
Harvard University, 65 North
Harvard Street, Boston MA 02163
(Park at Harvard Stadium)



“The best part of the Student-Athlete workshop was the self reflection on whether they were participants or competitors. The students had to think seriously about their own goals for playing a sport. The discussion of the scenarios was stimulating.”

***--Ted Gott, A.D., Southern High School,
Harwood Maryland***