



**Edina Basketball Association**

**Rules**

**3<sup>rd</sup> and 4<sup>th</sup> Grade Boys / 3<sup>rd</sup> Grade Girls**

**2017-18 Season**

## Introduction

These rules are intended to be easy to understand for the players, coaches and referees. The coaches are responsible for knowledge of the rules and for teaching the rules to their players.

### Rule #1

**Help create a fun environment for all kids to develop their skills, foster team unity, and enjoy playing basketball.**

*Keep in mind that you are modeling behavior in all of your actions from the moment you walk in the gym. Kids are watching and learning not just basketball skills and concepts, but also in how you interact with other parents, coaches, and referees.*

## Good Sportsmanship

Coaches, players, parents, and fans are expected to remain positive, encouraging, and practice good sportsmanship at all times. In cases of misconduct by parents and fans, the referee may ask for a coach's assistance when taking corrective action (See Unsportsmanlike Conduct section later in document).

## Referees

Paid referees will be present at every game. The referees are responsible for enforcing these rules and maintaining the flow of the game. The referees possess the discretion to provide basic instruction to players, coaches, and teams during a stop in play in order to help facilitate the game.

Referees must be respected at all times.

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*Arguing calls will not be tolerated*

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Referees will be reporting incidents involving coaches, parents, and/or players to the EBA. At the same time, you are encouraged to provide the EBA with referee performance feedback.

## Playing Time

Each player must play an equal amount. There are two exceptions:

1. If a player has accumulated unexcused absences from practices and games
2. A coach may reduce the playing time for disciplinary reasons.

*Both of these exceptions should be used rarely and only in extreme circumstances.*

## Substitutions

- Substitutions will only be allowed before each quarter and as close as possible to the midway point of each quarter (every four minutes).
- The referee will stop the game to allow substitutions and players do not have to report to the official scorer table or referee.
- Players may enter the game only when authorized by the referee.
- Free substitution will **not be allowed**, unless at the referee's discretion for an injury substitution.
- Players not currently playing in the game must remain on the team's bench, and not with their parents.

## Team Responsibilities

Gym Monitor	Each team must designate a parent as a gym monitor for each practice and game. This is to ensure that all gym guidelines are being fulfilled in accordance with the general housekeeping reminders below. The gym monitor must make sure that siblings and other fans are not in the school's hallway during games or practices. The EBA only has authorized access to the gyms and restrooms. All other portions of the school are off limits.
Scoreboard	The HOME team designated on the schedule is responsible for providing a parent as the timekeeper and official scorer. An electronic scoreboard is available at all schools. If the scoreboard is not in the gym, try to locate the custodian.

## Game structure

- Games will be played full-court, 5-on-5
- There will be a 5 minute warm-up period
- Games will consist of four 8-minute quarters
- There will be a 2 minute break for halftime
- An intermediate (28.5") size ball will be used

## Basket Heights

3 <sup>rd</sup> Grade	9.5 ft.
4 <sup>th</sup> Grade	10 ft.

## Game Preparations

Coaches should use the warm-up time before the game to ensure that their team is ready to start the game on time and are familiar with these rules. Coaches are also encouraged to develop a line up and substitution pattern prior to the game to help keep the games more organized.

The coaches and referee should meet prior to the start of the game to briefly review the applicable rules. If the referee is not there within 2 minutes of game time, the coaches should agree upon a referee and begin the game on schedule. A referee's absence should be reported to the league commissioner immediately following the game.

Games should be started promptly after the 5 minute warm-up period and halftime or game length may need to be shortened in order to complete the game on time. Running over time is not acceptable, out of respect for others and their gym time. Coaches, thanks for your help in managing this situation.

## Additional Game Details

- Five players are needed to start the game. If only 4 players are available, a team may choose to play with 4 players. To be eligible to play in a game, a player must be on the team's official EBA roster.
- A center jump ball will be used to start the game. The clock stops only on timeouts and scheduled substitutions at the halfway point of each quarter.
- Out-of-bounds, double-dribbling and traveling will be enforced.
- Screens must be legal. The screener cannot be in motion or have arms or legs out. Double screens are not allowed.
- In jump ball situations, alternating possession will be used.
- After the defense has gained control of the ball, **the team losing possession of the ball must fall back** behind the centerline. When the team does not fall back, the referee will stop play until the defense falls back.
- Games can finished in a tie. There will be no overtime period.
- Each team may utilize 2 timeouts per game. Timeouts are 30 seconds in duration.
- Coaches and players must stay in the "coach's box" which is their respective half of the court and both coaches are on the same side of the court. Coaches must stay off of the court and cannot stand on the baseline or under the baskets.
- Should a team lead by 30 or more points, scorekeeping will stop for both teams and the scoreboard will only be used to track time.
- The five second lane violation call will not be used **in 3<sup>rd</sup> Grade leagues**
- Players must wear their jersey. Players must wear appropriate basketball or gym shoes. Shoes with marking soles, flip-flops, boots, or other non-court shoes will not be allowed.
- No jewelry of any kind is allowed to be worn on the court, in practice, or in games. Taping over earrings or other jewelry **is not allowed**.

## Unsportsmanlike Conduct

Technical fouls will be assessed for unsportsmanlike conduct against players and coaches. **Coach, player, or bench technical fouls result in 2 points and possession of the ball awarded to the opposing team.** A technical foul by a coach must be reported to the development league commissioner by the referee and/or the opposing coach.

**A second technical will result in the removal of that coach or player.** If the coach is removed, his team forfeits the game. Any disqualification of a coach or player will be reviewed by the league commissioner to determine whether he or she should be removed for the balance of the season.

## Defense

<b>Stealing the ball off both the pass and the dribble</b>	<b>ALLOWED</b>	A foul will be called when the player attempting to steal the ball hits the dribbling player's hand. Generally, when a player is dribbling the ball under control, the player trying to steal must generally attempt an underhand poke at the ball to avoid hitting the hand of the player dribbling the ball. When the player trying to steal the ball attempts to steal by an overhand motion, which results in hitting the dribbling player's hand, the referees will call a foul.
<b>Shot-blocking</b>	<b>ALLOWED</b>	To teach good defense, the referees will call all fouls on defensive players fouling on an attempted shot block.
<b>Double-teaming</b>	<b>NOT ALLOWED</b>	No switching. Double or triple-teaming the player controlling a rebound will not be permitted.
<b>Zone Defenses</b>	<b>NOT ALLOWED</b>	Teams must play player-to-player defense. <b>No zone defenses or trapping defenses are allowed.</b> A team is considered to be playing a zone defense when each player is guarding a portion of the court OR a player is not in an area near the person they are guarding. Note: Temporarily providing help defense does not constitute a zone defense and is allowed.

## More on Help Defense

Help defense is allowed as follows:

When a player is dribbling unguarded, then another defender may provide help defense.

**Help defense does not authorize a double team.** Help defense is temporary. The helping player must go back to guarding their player when the defender who needed help has recovered.

Additionally, there cannot be a designated person who automatically doubles whoever has the ball or simply stays under the basket.

## Violations

For both zone defense, and improper help defense violations,

<b>1st violation</b>	<b>Warning</b>
<b>Each subsequent violation</b>	<b>1 point and possession of the ball awarded to the opposing team</b>

## Non-shooting fouls

<b>Fouls 1-4</b>	Fouled team receives possession of the ball out of bounds
<b>Fouls 5+</b>	Fouled team receives possession of the ball and one point. (Meant to teach the kids the proper fundamentals of playing defense and to not foul)

*Note: The 1-and-1 rule is now moot, as starting with the 5th team foul of a half, a non-shooting foul will result in one point awarded to the offensive team and retention of the ball.*

## Shooting Fouls

If a player is fouled in the act of shooting:

<b>3<sup>rd</sup> Grade</b>	Offensive team will be awarded two free throws or one free throw if the shot is made The free throw shooting line will be moved closer to the basket by 3 feet.
<b>4<sup>th</sup> Grade</b>	Offensive team will be awarded two free throws or one free throw if the shot is made

*Note: If the player has an uncontested layup, is in the process of shooting the layup and is fouled from behind by the defending team, the offensive team will retain possession of the basketball after the player takes the free throws.*

## Rules Specific to 4th Grade Boys Games

<b>Lane violations</b>	5 seconds in the lane will be called after the referee has given one warning to the offending player.
<b>Free Throws</b>	All free throws will be from 13 feet. If a 13 foot line is not present, the officials will designate an appropriate spot. The shooter must start behind the line, and may cross the line as soon as he releases the ball.
<b>Last 2 minutes of the game</b>	The trailing team may apply player-to-player full court press. Double-teaming is allowed only while pressing during the last 2 minutes.

## Gym Housekeeping Rules

- Siblings and other fans must stay out of the hallways in the school during games and practices. Each team's gym monitor and coach are responsible for strictly enforcing this rule.

- Parents and coaches are responsible for keeping siblings and other fans off the court at all times. This is not open gym and siblings and other fans cannot play on the court during practice, pre---game, half time, or any other break in play.
- Keep dirty and wet shoes and boots off the gym floor. Coaches should bring a towel with them to make sure that the gym floor remains dry.
- In the event of bad weather, assume that the facilities will be open and that games will be played unless notified otherwise by the EBA.

### Thanks for all of your efforts

Your time and efforts make the EBA house league possible.

Thanks for volunteering and have a great season!!!