

LOWER LOUDOUN BOYS FOOTBALL
P.O. BOX 163
STERLING, VA 20167

Dear Parents:

Welcome to the 2018 season of Lower Loudoun Boys Football. In order for our program to be successful we require the support of all our parents and children. We have included some important information to hopefully make this an enjoyable and fun season for your entire family!

PLAYING TIME – Every player present and equipped to play should participate in a minimum of 16 plays including kicking plays and points after touchdown plays. A8 will participate in a minimum of 12 plays per game. The Coaches will make their best effort to utilize their players on both sides of the ball. Players must attend practice to qualify for participation in games.

SIGN-UP & TRYOUTS – Sign-up and tryouts will be held Tuesday May 24th from 6-8 PM, June 9th from 9 am to 11 am, Wednesday June 20th from 6 – 8 PM, and Sunday July 15th from 4 to 6 PM. Each child should come dressed in a T-shirt, shorts and shoes. **All players must attend at least one tryout to be weighed in and timed in the 40-yard dash.**

ONLINE REGISTRATION – Online registration will be available through our website at www.LLBFL.org beginning March 1, 2018 through July 24, 2018. You may use a credit or debit card for online registration only!

EARLY REGISTRATION – Early registration will be March 1, 2018 through May 31, 2018 and will be available online or by mail only. The early registration fee is \$155.00 for each player. No multiple player discounts.

REGISTRATION FEE – After June 1st, registration fees will be \$165.00 for each player and must be payable no later than Saturday, July 24, 2018. Any player that has not turned in their equipment from the previous year will be allowed to register. No equipment will be distributed to a player whose registration has not been paid. **There will be no refunds issued after July 16, 2018. In the event that your child is unable to participate, you must contact the league prior to July 16, 2018 to request a refund. Refunds are subject to service charges.**

LATE REGISTRATION – A \$25.00 late fee will be charged for anyone who registers after July 16th, 2018. Cutoff for late registration will be August 12, 2018.

SERVICE CHARGE – A \$30.00 service charge will be imposed on all returned checks.

PHYSICALS – League insurance regulations require that each player have a CURRENT physical (dated no earlier than May 1, 2018) on file prior to the first practice. **No player will be allowed to participate in any workouts until the coach receives a completed physical form.**

BIRTH CERTIFICATES – New players entering the league for the first time or players that have missed a year, must provide a photocopy of their birth certificate by July 22, 2018. Any player that registers during late registration must show their birth certificate prior to being placed on a team. Flag league players from last year registering for contact football must submit a birth certificate.

PRACTICE – Non-contact practice will begin Monday, July 30th, 2018. Each player must participate in five (5) practice sessions before being allowed to participate in contact with full equipment. Contact

practice will begin no earlier than Monday, August 6, 2018. No practice on first day of school. Practice will be limited to three (3) times per week after school starts until the end of the season. Exact days of practice will be announced later. All practices will be held at assigned practice fields. No indoor practice allowed. **Players are required to attend all practices. Any player that has an unexcused absence could face a one-(1) game suspension at the discretion of the Head Coach. Any player that has been suspended from school will not be allowed to participate in any Lower Loudoun Boys Football activity, including practices and games. If transportation is a problem for your child, please contact the coach.**

OPENING DAY – The regular season will begin on **Saturday, August 25, 2018.**

EQUIPMENT – Equipment will be issued beginning July 30, 2018 (following the draft) at the discretion of the equipment manager. Registration fees must be paid and all required information received (birth certificate and physical for late registrants) in order for a player to be issued equipment. The league will provide all the necessary equipment with the exception of a practice jersey, practice pants, practice socks and football shoes. Each player must provide these. **THE SHOES MUST BE ONES WITH MOLDED RUBBER SOLES OR RUBBER COATED SCREW ON CLEATS – CLEATS WITH EXTERIOR METAL SHOWING ARE PROHIBITED. CLEAT SIZE WILL BE LIMITED TO NO MORE THAN ½” IN LENGTH. NO ALTERING OF GAME JERSEYS (NO ADDING NAMES OR CUTTING). NO ADDING DECALS OF ANY KIND TO THE HELMETS OTHER THAN TEAM LOGOS APPROVED BY THE LEAGUE. NO ALTERING OR REPLACEMENT OF FACEMASKS ON HELMETS. ONLY LEAGUE-ISSUED EQUIPMENT SHALL BE WORN FOR SAFETY REASONS.**

***NOTE: Parents will be held liable for all equipment including any damage to pants and jerseys by bleach or improper care. By signing the attached application, you acknowledge your responsibility for returning all equipment at the end of the season. You will have one (1) week after the last game of the season to return your equipment (including the game jersey) or you will be billed for the full replacement cost based on the following prices:**

Helmet \$125.00, Shoulder Pads \$100.00 (max.), Hip, thigh & knee pads \$35.00, Game pants \$60.00, and Game Jersey \$100.00.

In the event that you do not return your equipment in good condition (ie; bleached or faded pants and jersey) or pay the full replacement cost, the total cost will be added to the next year's registration fee and must be paid before your child is officially registered.

NOTE: INTENTIONAL ALTERING OF GAME JERSEYS OR REPLACEMENT OF FACEMASKS ON HELMETS WILL NOT BE PERMITTED. ANY VIOLATION OF THE ABOVE RULE WILL RESULT IN FULL REPLACEMENT COST BILLED TO THE PARENTS AND THE PLAYER WILL NOT BE ABLE TO PARTICIPATE.

GAME UNIFORMS – Game uniforms will be distributed at the discretion of the individual coaches prior to the start of the regular season.

VOLUNTEERS – You will be assigned from time to time to work in our snack bar, work the gate and chains along with other parents on your team or even volunteer to be team mother or team father. We realize this is difficult for some parents' due to other obligations; however we simply cannot pay the expenses of the league without the help of every parent. **This is not a choice - it is a requirement.**

FUNDRAISERS – Each player will be responsible for a mandatory \$160.00 fundraiser to be determined by the league unless the parent chooses to opt-out of participating and pay an additional fee of \$120.00 prior to July 22, 2018. This does not excuse you from snack bar, gate & chains or any other duty as required of every parent. The cost of purchasing equipment, insurance and maintaining our facility is enormous. Not to mention the cost of transportation adding to the cost of every item we utilize for our program. **If your child does not fully participate in the fundraisers he/she could be withheld from participation until such time that the financial obligation for the fundraiser is met.** We have attached an outline of our budget for the season and hope that it explains our financial requirements. Remember, the success of our program depends on the help of everyone. The only other alternative is to significantly raise the registration fees.

L.L.B.F. RULES AND REGULATIONS – The following rules have been established for Lower Loudoun Boys Football and Bill Allen Field:

No use of foul or abusive language,
No use of drugs or alcoholic beverages,
No smoking,
No fighting,
No skates, skateboards, rollerblades, bikes, bags or backpacks will be allowed,
No pets.

All players, spectators and parents are expected to abide by all rules and regulations concerning L.L.B.F.L and Bill Allen Field as set forth by the Executive Board of Lower Loudoun Boys Football. Any player, parent, or spectator who violates any rule, either during their game or as a spectator will face suspension for one (1) game or possible removal from the league without exception. Lower Loudoun Boys Football will not tolerate abusive language or offensive behavior towards the officials at any time. Any person who violates this rule will be suspended immediately.

PARKING – Parking will be limited to the upper parking lot only. At the request of Sterling Golf, Tennis & Swim Club, anyone who is not a member may not use their parking area. **Anyone in violation may be towed at the owner's expense.**

We are looking forward to an exciting and successful season for both you and your children. If at anytime during the season, you have concerns or questions, please do not hesitate to contact either myself or another Board Member. As parents, you play a very important role in the success of our program and we encourage you to take an active position. It can be a very rewarding experience for everyone.

Respectfully yours,

George Seighman Jr.
President

LLBFL Use Only

LOWER LOUDOUN BOYS FOOTBALL

P.O. Box 163, Sterling, Virginia 20167

2018 Football Registration

Complete **all** the information on **front and back** legibly and **sign where applicable**.

PLAYER INFORMATION: Please list only ONE child per form – Proof of age is required from new participants.

Name: _____

Returning LLBF Player: ____Yes ____No

Birthdate: _____

2017 Team: _____

Address: _____

AGE as of September 30th _____ September Grade: _____

Town & Zip: _____

School Name: _____

Home Phone: _____

How did you find out about LLBFL: _____

Other siblings registered in 2018 with LLBFL: _____

<u>Name</u>	<u>Age</u>
_____	_____
_____	_____
_____	_____

Please list any pertinent medical info or allergies:

Insurance Co: _____

Policy #: _____

PARENT INFORMATION - LLBF is run by volunteers. Parents may be assigned to volunteer on game day.

Father: _____

Mother: _____

Home Phone: _____

Home Phone: _____

Work Phone: _____

Work Phone: _____

E-Mail: _____

E-Mail: _____

Emergency Contact (other than parents): _____ Relationship: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

2018 Registration Fee: **\$165.00** for each Player (this fee is dependent on fundraiser participation).

Please Make Checks Payable to **LLBFL**

LLBFL USE ONLY

Date Received: _____

Cash/Check#: _____

Amount Paid: \$ _____

Medical Authorization: By the physical form attached I/We the parent(s) of the above named applicant hereby certify that my child has been EXAMINED by a physician and in doing so the physician DID NOT find any reason to disqualify him or her from participation in the Lower Loudoun Boys Football activities.

Parents/Guardians Authorization to Participate: I/We the parents of the above named applicant to the Lower Loudoun Boys Football League hereby give my/our approval to said applicant's participation in any and all activities during the current season. The undersigned acknowledges, appreciates, and agrees that: The risk of injury to my child from the activities involved in this program is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and for myself, spouse and child, I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases or others, and assume full responsibility for my child's participation; and I myself, my spouse, my child and on behalf of my/our heirs, assigns, personal representatives and next of kin, hereby release the other participates, sponsoring agencies, sponsors, advisors, and if applicable, owners and lessors of premises used to conduct the event (releases), with respect to any and all injury, disability, death, or loss or damage to person or property incident to my child's involvement or participation in this program, whether arising from the negligence of the releases or otherwise, to the fullest extent permitted by law. I, for myself, my spouse, my child and on behalf of my/our heirs, assigns, personal representatives and next of kin, hereby indemnify and hold harmless all the above from any and all liabilities to my involvement or participation in the program, even if arising from their negligence, to the fullest extent permitted by law.

Rules & Regulations: I/We willingly agree to comply with the program's stated and customary terms and conditions for participation. I/We will furnish a Certified Birth Certificate. I/We agree to be financially responsible for Lower Loudoun Boys Football equipment issued to applicant other than the normal wear and breakage during games and practice and I/We will reimburse Lower Loudoun Boys Football for the loss and damage to said equipment. I/We as the parent of said candidate understand it is the responsibility of the parent, candidate and team to comply with any and all Rules & Regulations of Lower Loudoun Boys Football. Any noncompliance with Rules & Regulations shall be cause for disciplinary action to be taken against said candidate, parent or team by Lower Loudoun Boys Football, Inc.

Insurance Disclosure: The medical expense benefits of this plan are an "EXCESS" type benefit that picks up where other coverage's leave off. If the parent has any other Primary Coverage, whether individual, blanket or group coverage which provides benefits or services for, or by reason of, medical or dental care or treatment, then this plan, subject to the limits of the plan, will pay only the medical expenses not provided or reimbursable under your coverage. If the parent has no Primary Insurance coverage then this plan, subject to the limitations and deductibles (if any) of the plan will provide insurance coverage. If the parent has coverage with any Pre-Paid Medical Plans, such as (but not limited to) Cigna, FHP, Aetna, Kaiser, Blue Cross, the injured person must be taken to the prepaid medical facilities for treatment. All claims must be filed within 90 days of the injury/accident.

Emergency Medical Release: I/We the parents of applicant give our permission for Any Emergency Treatment Necessary either on the practice field or on the game field. I/We authorize any hospital and/or physician to perform emergency treatment for any injuries resulting from any scheduled Lower Loudoun Boys Football, Inc function including the supervised travel to and from said functions.

Parent's Acknowledgement: I/We certify, that to the best of my/our knowledge, all of the above information is accurate and correct and that any false information may be cause for disqualification of the applicant. I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without inducement.

We choose to participate in the fundraiser OR We Choose to OPT OUT (pay \$120 fee)

Signature of Parent/Legal Guardian

Date: ____/____/____

Printed Name of Parent/Legal Guardian