

AJ DREAMCATCHERS

Summer Lacrosse Clinic

2018 – July 16-19 @ Grafton High School, 9:00am-3:00pm

Contact Information: Phone: 508-839-7024 Email: alan_rotatori@newton.k12.ma.us

Boys Clinic: Level I ages 7-9, Level II ages 10-11, Level III ages 12-15,
Level II ages 10-11, Level III ages 12-15

Girls Clinic: Level I ages 7-9,

Dedicated to the growth of lacrosse in Grafton & Central Massachusetts

Alan Rotatori – Clinic Director Head Coach
High School, University of Massachusetts, Sport
Plymouth State University, M.Ed. Adventure
NSHS Wellness Teacher, Boston Blazers, Head



Grafton
Management,
Education,
Coach Auburn Aviators

Boys Clinic Staff



Dan Rotatori – Field Director
Springfield College, Exercise Science,
Certified Strength and Conditioning
Specialist, Seven Hills Club Coach,
Assistant Coach Clark University

Dr. Sean Thornton, Pfeiffer University, Sports
Medicine, JV Coach Grafton High School, Grafton Youth
Coach, Chiropractor

Mark Kelly, Head Coach Shepherd Hill High School,
University of Massachusetts, B.A. in History, Springfield
College, M.Ed. Secondary Education

Bryan Rotatori, Keene State University, Physical
Education Major, Keene State All-American, Grafton
High School All-American, Team Israel 2017

Matt Briggs, Fitchburg State University, Technology
Education, JV Coach Newton South High School,
Technology Teacher

Steve Rotatori, Grafton High School, Senior Captain,
Member of the 2015, 2016, 2017 District
Championship and State finalist team



Clinic Philosophy

The **AJ Dreamcatchers Lacrosse Clinic** is an instructional clinic established with the purpose of developing lacrosse players in GRAFTON & Central MA. All participants will be taught the fundamentals of the game at age appropriate levels. Basic skills such as throwing and catching will be concentrated on in a fun learning environment. Also developed will be team concepts, rule interpretation and exposure to other important aspects of the game including talks on nutrition, strength training, conditioning, and stretching. Every day participants will scrimmage and learn as they play. All boy participants will need a stick, gloves, and helmet with mouth guard, shoulder pads, elbow pads and cleats. All girl participants will need sticks, mouth guards, eye protection, and cleats.



Kelly I.
Bridge
Endicott
Admin
State U

Courtney Duggan, State
Minor History, Head Coach
Bullets Club Coach

Angelina Sutherland
Bachelor of Science in
Tyngsboro High School

Lizzie Navin, Central
High School, 4-year v
School, CMass Club C

Kelly Austin, Worces
Major, Senior Captain
Regional High School

Meredith Broad, Gra
4-year varsity member
Youth Referee

AJ Dreamcatchers Lacrosse Clinic – 2018

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Registration Form

I desire to enroll my son/daughter in the 2018 **AJ Dreamcatchers Lacrosse Clinic** to be held from July 16-19. I understand that neither the town of Grafton, the director, nor anyone connected with the clinic will assume any responsibility for accidents, medical, dental, or other expenses incurred as the result of accidents sustained during or as a result of any instruction given the applicant by the clinic staff. I here by authorize the director to act on my behalf according to the best judgment in any emergency requiring medical attention.

Clinic Fee - **\$175.00**

FREE clinic t-shirt

Circle Size

YM YL S M L XL

***Please mail this with checks payable to:**

Alan Rotatori

21 Deernolm Street

North Grafton, MA 01536

Contact Information: Phone: 508-839-7024 Email: alan_rotatori@newton.k12.ma.us

Parent Signature _____

Applicant Name _____

Age _____ **Telephone #** _____ **Boy** ___ **Girl** ___

Street _____

City/Town _____ **State** _____ **Zip** _____

Insurance Company _____

Insurance Policy # _____

Phone # _____ **Email** _____

Emergency Contact _____

USL/MBYLL Membership # _____ **(required to attend clinic)**

List Any Allergies _____